Coronavirus Disease 2019 (COVID-19)

What is it? How is it spread? What are the symptoms? Your questions are answered here.



COVID-19 Update



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Overview

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Resources



Background

Many types of Coronavirus

Severe Acute Respiratory Syndrome (SARS) Middle East Respiratory Syndrome (MERS)

COVID-19 – COrona VIrus Disease – 2019

Novel" virus – newly identified Quickly spread across the globe Many factors about COVID -19 remain unknown

Prevention is the key

No vaccine supportive therapy



https://systems.jhu.edu/ Accessed 3/16/20

States Reporting Cases of COVID-19 to CDC*





Cases in U.S.

Updated March 17, 2020

This page will be updated regularly at noon Mondays through Fridays. Numbers close out at 4 p.m. the day before reporting.



Transmission

Person to Person Spread – Close contact – about 6 feet Respiratory droplets in coughs & sneezes Most contagious when sick

Asymptomatic Spread – May be possible, not a lot of evidence

Contaminated Surfaces – May be possible, not a lot of evidence

Community Spread –

Unsure how or where people have been in an area became infected



Symptoms

Incubation: 2 – 14 days after exposure

Symptoms:

Vary form mild to severe Age & Underlying Health Conditions Symptoms may be mild before worsening Mild:

Fever, Cough, Shortness of Breath

Severe:

Difficulty breathing Pain and pressure in the chest Confusion and inability to be aroused Bluish lips or face



Testing

SNHD:

- Receives incoming reports of possible cases from providers and public
- Contacts provider/patient and assesses risk and symptoms
- Determines necessity of preventive actions such as quarantine or isolation, if applicable.

Citizens:

- Consult your Physician: Symptoms, Risk Factors, Local epidemiology
- Flu and Respiratory Virus testing
- COVID-19: Quest / LabCorp

Risk Categories

High Risk:

- Household contact of symptomatic lab-confirmed case (without using recommended precautions)
- Travel from Hubei Province, China

Medium Risk:

- Household contact of symptomatic lab-confirmed case (while using recommended precautions)
- Sitting within 6-feet (approximately 2 seats) of a symptomatic lab-confirmed case on an aircraft
- Travel from mainland China, Iran, or other country with widespread or sustained community transmission

Low Risk:

- Being in same indoor environment (e.g. hospital waiting room) as a symptomatic lab-confirmed case for a prolonged period of time
- Sitting greater than 6-feet away from a symptomatic lab-confirmed case on an aircraft

No Identifiable Risk:

 Interactions with a symptomatic lab-confirmed case that do not meet High, Medium, or Low Risk categories (e.g. walking by a symptomatic lab-confirmed case briefly)

https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html

Public Health Response Dependent on <u>Risk</u> and <u>Symptoms</u>

Terminology reminder:

- Isolation: used to separate ill persons from those who are healthy
- <u>Quarantine</u>: used to separate and restrict movement of well persons who may have been exposed to a disease

High Risk	Medium Risk	Low Risk	No identifiable risk
Actions for peopleRemain under quarantine authority;without symptomsno public activities; daily activeconsistent withmonitoring; controlled travelCOVID-19	Stay home; active monitoring or self-monitoring with public health supervision; recommend to not travel	Self observation	None
Actions for people Immediate isolation; medical with symptoms evaluation guided by PUI definition; consistent with pre-notify healthcare services; COVID-19 controlled travel	Immediate isolation; medical evaluation guided by PUI definition; pre-notify healthcare services; controlled travel	Stay home from work or school, avoid contact with others, don't travel. Seek health advice	None; routine medical care
			These examples may not cover all potential exposures to laboratory confirmed case of COVID-19. If you are concerned about an exposure that does not align with these categories, please contact the CDC Emergency Operations Center at 1-800-232-4636

For more detailed information:

https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html

Social Distancing to Reduce Cases



Time since introduction of first case

Wash Your Hands.

If soap and water aren't available, use alcohol-based hand sanitizer. Make sure it contains at least 60 percent alcohol.

Cover your Coughs and Sneezes with Tissue.

And don't forget to throw the tissue in the trash and wash your hands!

Stay Home if You're Sick

Don't go to work, school, or travel when you're not feeling well to avoid spreading germs to others.

It's Still Flu Season.

It's not too late to get vaccinated against the flu and take everyday preventive actions to help stop the spread of germs.

Clean and Disinfect.

Clean frequently touched objects and surfaces using a regular household cleaning spray or wipe. News Releases from Headquarters > Chemical Safety and Pollution Prevention (OCSPP)

EPA Expands COVID-19 Disinfectant List

<u>56392-7</u>	Clorox Healthcare® Bleach Germicidal Cleaner Spray	Clorox Professional Products Company	RTU
<u>5813-105</u>	Clorox Multi Surface Cleaner + Bleach	The Clorox Company	RTU
<u>5813-110</u>	Clorox Pet Solutions Advanced Formula Disinfecting Stain & Odor Remover	The Clorox Company	RTU
<u>5813-111</u>	Clorox Disinfecting Bleach2	The Clorox Company	DILUTABLE
<u>5813-114</u>	Clorox Performance Bleach1	The Clorox Company	DILUTABLE
<u>5813-115</u>	Clorox Germicidal Bleach3	The Clorox Company	RTU
<u>5813-21</u>	Clorox Clean Up Cleaner + Bleach	The Clorox Company	RTU
<u>5813-40</u>	Clorox Disinfecting Bathroom Cleaner	The Clorox Company	RTU
<u>5813-79</u>	Clorox Disinfecting Wipes	The Clorox Company	WIPE
<u>5813-89</u>	Clorox Toilet Bowl Cleaner with Bleach	The Clorox Company	RTU

Search EPA.gov

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Preparedness is Always a Good Prevention Measure.

Emergencies can occur at any time. Having a preparedness plan and kit is something every individual and family should have before a disaster happens.



Should I wear a mask to protect myself from COVID-19?



The CDC is **not currently recommending** facemasks for the general public.



Masks are **only** recommended for **caregivers** of patients with communicable illness and **patients** with a fever or cough.



Surgical masks are designed to provide the wearer protection against **large** droplets, splashes or sprays of bodily or other hazardous fluids.



Surgical masks are loose fitting and don't provide the wearer with a **reliable level of protection** from inhaling smaller airborne particles and are not considered respiratory protection.

Surgical masks are **disposable** and should be discarded after use.



Novel Coronavirus

Fact Sheet

Novel Coronavirus

What is novel coronavirus?

Revel commarizes (2019-nCold) is a view strain flast has only spread its people since Desceniber 2019. Health experts are encoursed become filte in loceen about this new view and it has the potential to cause server. Elsees and percentration some papels.

How does novel coronavirus spread?



Who is at risk?

Camentily the risk to the public is low and pospie who have

not traveled to an area where the disease is spreading are

not at increased risk. People who have traveled to Wuhan. China and experience symptome within 2 to 14 days after

they others, should contact their medical provider.

Health operts are still learning the details about how this new corseavirus spreads. Other corseaviruses spread from an infected person to others through:

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What are the symptoms?

People who have been dispressed with novel coronavirus have reported symptoms that may appear in as firer as two days or as long as 14 days after exposure to the virus:



How can I prevent getting novel coronavirus?

Follow the SDC's travel guidance, were adopted used. Hight now, the normal public, Steps you can take to prevent special of the software are no odditional precentions recommended for the period public. Steps you can take to prevent special of the and the common cold will also help prevent coverselens:

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Cover your modification with a floater or size when coupling or amenting.



To learn more, visit www.snhd.inflo/coronavirus www.ede.gov/coronavirus

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Novel Coronavirus Notify Staff/Stay Healthy Sign

If you have traveled to China recently and have any of these symptoms,

NOTIFY STAFF RIGHT AWAY





Difficulty breathing

- Courg

TAKE STEPS TO STAY HEALTHY

and help prevent the spread of flu, common colds, and other respiratory infections:







Wash hands often Cover your mouth/sose with soap and water. with a tissue or sleeve when coughing or sneeting.

Avoid contact with people who are sick.

English and en Español

English



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