



Clark County Resources

If you or a youth you know needs immediate help, the following resources are available

Suicide Prevention

Call in English:	1-800-273-TALK (8255)
Call in Spanish:	1-800-628-9454
LGBTQ:	1-866-488-7386
TTY:	1-800-799-4889
Text:	Text HOME to 741-741
Chat:	www.suicidepreventionlifeline.org

Crisis & Support Services

Boys Town Hotline (Spanish/English):	1-800-448-3000
Mobile Crisis:	702-486-7865
TXT 4 HELP:	
Text SAFE and your location (address, city, state) to 69866	

Local Children's Mental Health Services

Local Services and Resources: 2-1-1	
Call 702-486-0000 to be connected with:	
<ul style="list-style-type: none"> • Children's Clinical Services • Early Childhood Mental Health Services • Wraparound in Nevada (WIN) 	
Health Insurance: Please check with your insurance plan for covered services and for a list of providers.	

For additional resources and more information about children's mental health, visit:

www.cccmhc.org



How to Get Involved



We are looking for youth, parents, community members, providers, & professionals to:

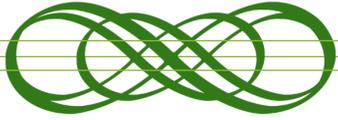
- **Share** your thoughts on key issues at meetings
- **Advocate** for children's needs
- Make a difference - **Volunteer** with us!

Email us to learn about activities and opportunities to get involved!
CCCMHC.NV@gmail.com

Visit www.cccmhc.org for meeting dates and times as well as CCCMHC reports.

CLARK COUNTY CHILDREN'S MENTAL HEALTH CONSORTIUM

Healthy Families Building Healthy Communities



Why are children's mental and behavioral health services important for Nevada?

- *Nevada was ranked the worst state in providing access to behavioral health care for its youth in 2016.*^a
- Over **1 in 4** U.S. youth will witness or experience a traumatic event before age 4.^b
- **1 in 5** youth ages 13-18 live with a mental health condition.^c
- Only **1 in 14** youth who need services receive appropriate help.^c
- **Half** of lifetime mental health disorders start by age 14.^c
- In 2015, more than **2 in 5** Clark County middle school students had thoughts of suicide.^d

Whether rich or poor, insured or uninsured, families of children with serious behavioral health disorders struggle to find appropriate services.

Now is the time for parents, policymakers, & professionals to come together to increase access to quality care for all.



a: Mental Health America, 2016

b: National Center for Mental Health Promotion & Youth Violence Prevention, 2012.

c: 2017 Children's Legislative Briefing Book. Retrieved from <http://nic.unlv.edu/reports.html>

d: 2015 Youth Risk Behavior Survey



Strategic Goals to Achieve by 2020

CCCMHC developed a Strategic Plan to guide the community in providing mental health services to children with emotional disturbance and their families. Below are the top six goals from this plan to help Clark County youth.

1. Children with serious emotional disturbance & their families will thrive at home, at school, & in the community with intensive supports and services.
2. Children with behavioral health needs and their families will access a comprehensive array of effective services when and where needed.
3. Families seeking assistance will find an organized pathway to information, referral, assessment & crisis intervention coordinated across agencies & providers.
4. The system will be managed at the local level through a partnership of families, providers & stakeholders committed to community-based, family-driven, & culturally competent services.
5. County-wide programs will be available to facilitate all children's healthy social & emotional development, identify behavioral health issues as early as possible, & assist all families in caring for their children.
6. Heightened public awareness of children's behavioral health needs will reduce stigma, empower families to seek early assistance and mobilize community support for system enhancements.



Who We Are

The Clark County Children's Mental Health Consortium has been a part of the community since 2001. Created by the passage of Assembly Bill 1 of the 2001 Special Session of the Nevada Legislature, it brings professionals & parents together from a variety of disciplines & organizations to focus on bettering the services & resources for children's mental health in Clark County, NV.

Vision for Clark County

Children & families in Clark County will have timely access to a comprehensive, coordinated system of behavioral health services & supports.

Mission Statement

Our mission is to study the mental health needs of all children in Clark County and to develop recommendations for service delivery reform.

