Public Health Advisory
6/14/2024
Severe Illness Potentially Associated with Consuming Diamond Shruumz™ Edibles

SITUATIONAL AWARENESS SUMMARY

**Situation:** The Centers for Disease Control and Prevention (CDC) issued a Health Advisory on 6/12/24, regarding an investigation into severe acute illness potentially associated with consuming Diamond Shruumz™ brand chocolate bars, cones, and gummies. [CDC Health Advisory](https://www.cdc.gov/)

- **Current Status:** As of 6/11/24, 12 cases of illness, resulting in 10 hospitalizations with several patients requiring intubation, mechanical ventilation, and intensive care, have been reported across eight U.S. states.
- **Local Impact:** There are no known reported cases in Clark County, NV as of 6/12/2024.

**Recommendations for Healthcare Providers:**

- **Consider.** When evaluating patients presenting with adverse effects from consuming “edibles” or food-like products marketed with vague health benefits or implied psychoactive effects, **have a high index of suspicion for the potential for severe illness.** Clinical presentations may include, but are not limited to:
  1. CNS depression, sedation, seizures, muscle rigidity, clonus, tremor
  2. Tachycardia or bradycardia, hypotension or hypertension
  3. Nausea, vomiting, or abdominal pain
  4. Skin flushing, diaphoresis, and anion gap metabolic acidosis

- **Counsel.** Advise patients and caregivers to avoid consuming mushroom-containing edible products claiming to produce neurologic, cognitive, or psychoactive effects. Refer to the attached guidelines for public recommendations.

- **Consult.** Seek **early consultation with a medical toxicologist** with experience in managing acute unknown ingestions. Contact your **local poison center at 1-800-222-1222.**

- **Test.** During routine diagnostic testing based on clinical presentation, **consider retaining urine and blood samples for further testing** if warranted after coordination with a poison control or SNHD.

- **Report.** Notify SNHD’s Disease Surveillance and Control to report cases of illness after consuming mushroom-containing chocolate or other similar edible products. Fax 702-759-1414 or Phone (702) 759-1300.

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District Health Officer
Southern Nevada Health District
Recommendations for the Public

✓ **AVOID.** Avoid eating or serving chocolate, gummies, snack foods, or other edible products claiming to produce feelings of euphoria, hallucinations, or psychedelic effects.
  
  i. They might contain undisclosed ingredients that might be linked to severe illness.
  
  ii. **Do not buy, eat, sell, or serve** Diamond Shruumz™ brand chocolate bars, cones, and gummies. **Discard and destroy** any product you may have.
  
  iii. **Store** edibles and other products that contain mushrooms, THC, or CBD **safely away from children.**

✓ **Consult.** If you experience any of the following symptoms after ingesting these products, **seek immediate medical attention** or call the **Poison Help Line at 1-800-222-1222:**
  
  i. Nausea, vomiting, abdominal pain
  
  ii. Hallucinations, uncontrolled movements
  
  iii. Fast or slow heart rate or high or low blood pressure
  
  iv. Coughing, choking, excessive sweating, flushed skin

**Report.** Report any adverse events related to these products to the FDA MedWatch program online at [FDA MedWatch](https://www.fda.gov/medwatch).