

Employee Flu Vaccination Campaign

Answer Key for Influenza Education Post Test

1. List one method in which the flu is spread.
droplet; person-to-person
2. List two differences between the cold and the flu.
Flu: high fever, sudden onset, headache, extreme fatigue, muscle aches, stomach symptoms (more likely in children), cold-like symptoms. Cold: runny nose, sore throat, sneezing, but rarely any of the flu symptoms.
3. List three ways to prevent the spread of influenza.
vaccinate, cover your cough/sneeze, wash hands, stay home when sick
4. List three at-risk groups for influenza.
those with chronic disease (including asthma, diabetes), elderly, children, pregnant women, immuno-compromised
5. Who should **not** receive the flu vaccine?
severe allergy to chicken eggs; severe allergic reaction following a prior dose of influenza vaccine; known allergy to any component of the vaccine
6. How long does it take for the influenza vaccine to become effective?
2 weeks
7. Name two benefits of being vaccinated.
protects self from illness; stop spread of influenza; protect patients/community from getting sick
8. Name two ways influenza can impact health care workers and their patients.
safety issues, death, complications, staffing