

Lead Prevention Songs by Mrs. Thelma Young Bethel Head Start Program

Wash, Wash, Wash (to the tune of Row, Row, Row Your Boat)

Wash, wash, wash, your hands play our handy game rub and scrub, scrub and rub germs go down the drain HEY! Wash, Wash, Wash your hands play our handy game rub and scrub, scrub and rub dirt goes down the drain HEY!

Wash your hands (to the tune of When You're Happy and You Know It)

When you've washed your hands and you know it, clap your hands. (clap, clap) When you've washed your hands and you know it, clap your hands. (clap, clap) When you've washed your hands you know it then your healthy body will show it.

When you've washed your hands and you know it, clap your hands. (clap, clap)

Lead Can Hurt Us (to the tune of Frere Jacques)

Lead can hurt us. Lead can hurt us. What to do? What to do? We must tell our parents. We must tell our parents Right away. Right away.

Lead's a poison. Lead's a poison Stay away. Stay away. We want to be healthy. We want to be healthy Now we know. What to do.



Staying Healthy (to the tune of Here We Go Round the Mulberry Bush)

These are the things that we can do We can do, we can do
These are the things that we can do
So we will stay healthy.

This is the way we wash our hands, etc. So we will stay healthy.

This is the way we eat good food, etc. So we will stay healthy.

This is the way we wash our toys, etc.

This is the way we run the water, etc.

This is the way we care for our friends (Children dramatize washing off pacifiers.)
Care for our friends
Care for our friends
This is the way we care for our friends
So they will stay healthy, too.

These are the things our parents can do Parents can do, parents can do These are the things our parents can do To keep us healthy.

This is the way they dust the rooms, etc. This is the way they mop the floors, etc. They always use a damp cloth...

This is the way they call the doctor (dial pretend phones)
Call the doctor
This is the way they call the doctor
To make sure we are healthy.



I'm Healthy When I'm Lead Free (to the tune of I'm Happy When I'm Hiking)

I'm HEALTHY when I'm lead free
Free to learn and grow
I'm HEALTHY when I'm lead free
Free to learn and grow
With hands that are clean and a room free of dust
I'm HEALTHY, yes HEALTHY (shout it out)
When I'm lead free.