



Behavioral Health Services for Youth

October 2022

Overview

Responding to the Request– Children’s Mental Health

National Trends on Children’s Mental Health

Clark County Children’s Mental Health Consortium Overview

SNHD Current Efforts

Gap Considerations and Recommendations for Next Steps

Children's Mental Health National Picture

Prior to the Pandemic

- Sharp Increase in Mental Health Needs after 2011
- Prevalence of past-year Major Depressive Episode (MDE) increased by over 1 million youth from 8.7% to 13% (2012-2017)
- Last 30 Days (2019)
 - Adolescents that experienced serious psychological distress increased by 71%
 - Adolescents that seriously considered suicide increased by 47%

Effects of the Pandemic

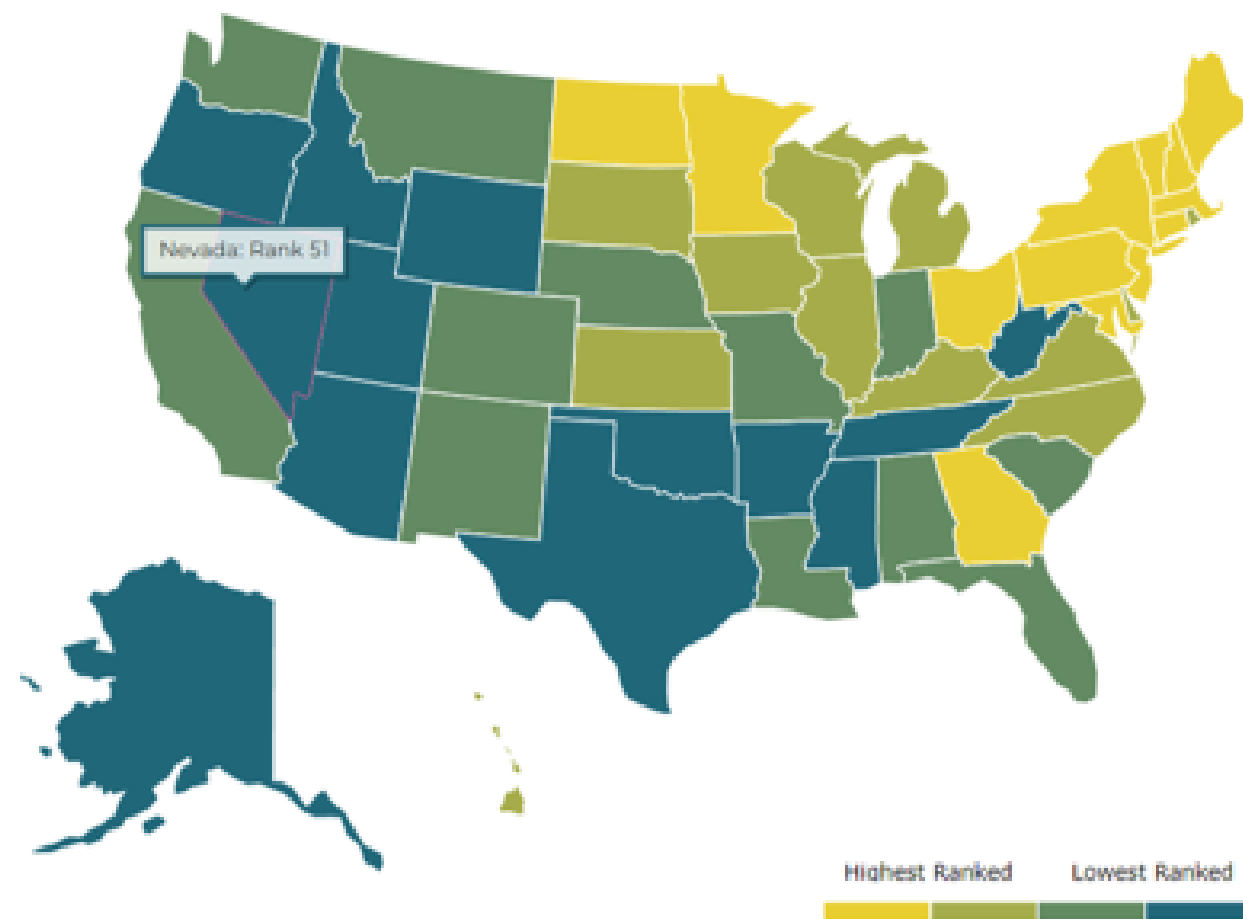
- A state of emergency in child and adolescent mental health in 2021
- Approximately 140,000 children in the US lost their parent or caregiver to COVID-19.
- ER visits for children's mental health crises rose 25% for youth ages 5-11 and 31% for youth ages 12-17 (March – Oct 2020)
- Suicide attempts in teen girls across the country rose over 50% in early 2021 (compared to 2019 ER visits)
- Impact of structural racism: mental health crisis disproportionately impacts youth of color and their access to mental health care.

Source: 2020 State of Mental Health in America Report. Mental Health America. (2021).

Twenge, J. et al. (2019). Age, period, and cohort trends in mood disorder indicators and suicide-related outcomes in a nationally representative dataset, 2005–2017. *Journal of Abnormal Psychology*, 128(3): 185–199. Available at: <https://www.apa.org/pubs/journals/releases/abn-abn0000410.pdf> American Academy of Pediatrics (2021, October 19) AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health. Retrieved.; Hillis SD, Blenkinsop A, Villaveces A, et al. COVID-19-associated orphanhood and caregiver death in the United States. *Pediatrics*. 2021; doi: 10.1542/peds.2021-053760; Leeb RT, Bitsko RH, Radhakrishnan L, Martinez P, Njai R, Holland KM. Mental Health–Related Emergency Department Visits Among Children Aged <18 Years During the COVID-19 Pandemic — United States, January 1–October 17, 2020. *MMWR Morb Mortal Wkly Rep* 2020;69:1675–1680. DOI: <http://dx.doi.org/10.15585/mmwr.mm6945a3>; Yard E, Radhakrishnan L, Ballesteros MF, et al. Emergency Department Visits for Suspected Suicide Attempts Among Persons Aged 12–25 Years Before and During the COVID-19 Pandemic — United States, January 2019–May 2021. *MMWR Morb Mortal Wkly Rep* 2021;70:888–894. DOI: <http://dx.doi.org/10.15585/mmwr.mm7024e1>

Nevada

- Nevada has ranked 51st in the nation for youth mental health care for the past 4 years
- Las Vegas Valley has only two children's mental health facilities
- Challenges with mental health workforce and reimbursement rates for mental health services
- ... *and the pandemic*



Clark County Children's Mental Health Consortium

CLARK COUNTY
CHILDREN'S MENTAL HEALTH
CONSORTIUM

COVID-19 COMMUNITY RESOURCES

HOME ABOUT US EVENTS RESOURCES

Healthy Families Building Health Communities

Why are children's mental and behavioral health services important for Nevada?

Whether rich or poor, insured or uninsured, families of children with serious behavioral health disorders struggle to find appropriate services.

Now is the time for parents, policymakers, and professionals to come together to increase access to quality care for all.

[CCCMHC 10 YEAR STRATEGIC PLAN: 2020-2030](#)

CCCMHC WORKGROUPS
Learn more about CCCMHC Work Groups and how you can get involved.
[CCCMHC Work Groups](#)

CCCMHC REPORTS
View reports prepared by CCCMHC and related reports on children's mental health.
[Reports](#)

EVENTS
CCCMHC celebrates Children's Mental Health Awareness Day each year with various community activities. View upcoming and past events here.
[Events](#)

RESOURCES
View local services, educational resources for adults and youth, and currently available mobile apps to address mental health needs.
[Resources](#)

<https://www.cccmhc.org/about#:~:text=The%20Clark%20County%20Children%27s%20Mental%20Health%20Consortium&text=The%20Consortium%20was%20created%20by,recommendations%20for%20service%20delivery%20reform.>

CCCMHC
CONSORTIUM
WORKGROUPS:

Early Intervention & Crisis
Intervention

Infrastructure & Coordination

Public Awareness & Behavioral
Wellness

ADDRESSING THE HIGHEST NEEDS:

Youth with serious emotional disturbance, including those with the highest need, and their families, will thrive at home, school, and in

COMPREHENSIVE SERVICE ARRAY FOR ALL:

Families of youth with any mental and behavioral health needs will have access to a comprehensive array of high-quality services whe

NO WRONG DOOR TO SERVICES:

Organized pathways to information, referral, assessment, and crisis intervention - coordinated across agencies and providers – will be

PREVENTION and EARLY INTERVENTION IN MENTAL HEALTH:

Programs and services will be available to facilitate the social and emotional development of all youth, identify mental and behaviora

RAISE AWARENESS and SUPPORT FOR MENTAL HEALTH:

Increased public awareness of the behavioral health needs of youth will reduce stigma, empower families to seek early assistance, and

LOCALLY MANAGED SYSTEM OF CARE:

A partnership of families, providers, and stakeholders committed to community-based, family drive, and culturally competent services

Snapshot of CCCMHC Membership Resources



SNHD Current Efforts

FQHC Behavioral Health

- Southern Nevada Community Health Clinic now offers one-on-one counseling services to improve a patient's overall quality of life.
- Early Intervention Services/Linkage Services: Initial assessment of needs conducted by a social worker

Zero Suicide Implementation

- District-wide Suicide Awareness Policy has been implemented emphasizing SNHD's commitment to addressing suicide
- Division-specific suicide screening and response procedures are in process
- Evidence-based suicide prevention and mental health awareness trainings for all staff


Zero Suicide

Utilizing the Zero Suicide approach to structure policies, project, and response


Zero Suicide is based on best practices for health and behavioral health systems

ZERO SUICIDE INITIATIVE 7 ELEMENTS OF A HOLISTIC APPROACH TO SUICIDE PREVENTION


SNHD envisions a suicide safer community where not one life is lost to suicide. Zero Suicide practices have been demonstrated to reduce suicide attempts across health and behavioral health care systems. We invite you to support this broad vision through education, training attendance, and joining our SNHD implementation team.




Lead
system-wide culture change committed to reducing suicides




Train
a competent, confident, and caring workforce.



Identify
individuals with suicide risk via comprehensive screening and assessment



Engage
all individuals at-risk of suicide using a suicide care management plan



Treat
suicidal thoughts and behaviors using evidence-based treatments



Transition
individuals through care with warm hand-offs and supportive contacts



Improve
policies and procedures through continuous quality improvement

For More Information, Contact
Rebecca Cruz-Nañez:
(702) 843-4569 or cruz-nanez@snhd.org

Gap Considerations & Next Steps

Needs Assessment

- Conduct a local survey of community needs: Tangible Metrics-County Health Rankings 2022

Develop

- CHIP Priority Area Within Access to Care (coming Nov 2022)
- Review from the Interim Healthcare Committee
- Address mental health workforce shortage

Education & Promotion

- Reduce Stigma regarding mental health through trainings, information dissemination, referrals to vetted resources, etc. with ongoing and new community partners.

Follow Public Health National Recommendations

- Health and Human Services Roadmap for Behavioral Roadmap for Behavioral Health Integration
- Invest In Public Health Media Campaigns
- Rapidly Expand Mental Health Screening
- Target Key Interventions
- Prioritize Mental Health Surveillance And Research

Questions?

Contact:

Rebecca Cruz-Nañez, LMSW, CA, CPS
Injury & Violence Health Educator II
Suicide Prevention Coordinator

Address

280 S. Decatur Blvd
Las Vegas, NV 89127

Email Address

cruz-nanez@snhd.org




Phone Number

702.759.1689









Clark County Children's Mental Health Consortium Membership Snapshot




www.cccmhc.org

	Services	Agency Contact Information	Mission/Vision Statement	Website/ Board Representative
 <p>Nevada Department of Health and Human Services DIVISION OF CHILD AND FAMILY SERVICES</p>	<ul style="list-style-type: none"> • Child Welfare • Children's Mental Health • Juvenile Justice • Systems Advocate • Confidential Address Program • Grant Management Unit 	<p>Nevada Division of Child & Family Services 4126 Technology Way, 3rd Floor Carson City, NV 89706 775-684-4400</p>	<p>Safe, healthy, and thriving kids in every Nevada community</p>	<p>https://dcfs.nv.gov/Programs/CMH/CMHS_OfficeLocations/</p> <p><i>Dr. Lisa Linning</i></p>
	<ul style="list-style-type: none"> • Medicaid/Medicare • Nevada Check-up • Applied Behavior Analysis • Behavioral Health Services • Dental Services • Long Term Services & Support 	<p>Division of Health Care Financing and Policy 1100 E. William Street, Suite 101 Carson City, NV 89701 (844) 879-7341</p>	<p>Purchase and provide quality health care services to low-income Nevadans in the most efficient manner</p>	<p>https://dhcfp.nv.gov/Pgms/Home/</p> <p><i>Lori Follett</i></p>
	<ul style="list-style-type: none"> • Consultation services and promote collaborative problem solving. • Work directly with students, teachers, and parents. • Conduct a variety of assessments and evaluations. • Required team members for determining student eligibility for special education. • Offer additional assistance (Section 504, crisis intervention, etc.). 	<p>Student Services Division 4170 McLeod Drive Las Vegas, NV 89121 Phone: (702) 799-5471</p>	<p>Deliver school-based psych-educational services intended to improve students' academic performance and behavior, enhance their overall educational success, and promote mental health.</p>	<p>http://ssd.ccsd.net/psychological-services/</p> <p><i>Robert (Bob) Weires</i></p>


*Current Openings: Foster Parent Representative, Metropolitan Police Representative, Judicial Court Representative, Children's Attorney, Domestic Violence, Treatment Providers, Native American Tribal Representative, Youth Representative, Parent Representative

	<ul style="list-style-type: none"> • Administration • Detention • Health Care Services • Probation • Youth Camp 	Department of Juvenile Justice 601 North Pecos Las Vegas, Nevada 89101	To achieve a safe community by promoting partnerships involving youth, families, the community and the Department of Juvenile Justice Services.	https://www.clarkcountynv.gov/government/departments/juvenile_justice_services/index.php <i>Alexa Rodriguez</i>
	<ul style="list-style-type: none"> • Communications • Government Relations • Research • Public Affairs • Cultural Engagement, Outreach and Advocacy • Marketing/Advertising • Education 	Strategies360 10801 W. Charleston Blvd, Suite 420 Las Vegas, NV 89135	Business Community Representative	danm@strategies360.com <i>Dan Musgrove</i>
	<ul style="list-style-type: none"> • Research • Development • Infrastructure Support 	University of Nevada, Las Vegas School of Medicine 3014 W. Charleston Blvd, Suite 130 Las Vegas, NV 89102	Psychiatric Community Representative	https://www.unlv.edu/medicine <i>Dr. Syed (Ed) M. Quadri</i>
	<ul style="list-style-type: none"> • Foster Parenting • Therapy & Counseling • Community Impact 	Eagle Quest Nevada Youth Care Providers 3680 N. Rancho Drive, Las Vegas, NV 89130 702-646-5437	Help youth, families, and people of all ages to improve their relationships, health from hurt and trauma, and live happy, fulfilling lives.	https://www.eaglequestservices.org/ <i>Jennifer Bevacqua</i>
	<ul style="list-style-type: none"> • Information and Referral • Individual Assistance • Transition Services • Family Support Services 	Nevada PEP 7211 West Charleston Blvd Las Vegas, NV 89117 (702) 388-8899	Services are about empowering families to be life-long advocates for their children through education and skill building.	https://nvpep.org/ <i>Karen Taycher & Char Frost</i>
	<ul style="list-style-type: none"> • Trauma and PTSD • Personality Disorders • Addiction 	Creative Solutions Counseling Center 7371 W. Charleston Blvd, Ste 110 Las Vegas, NV 89117 702-290-3210	Substance Abuse Service Providers Representative	jackieharrismft@gmail.com <i>Jackie Harris</i>

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	<ul style="list-style-type: none"> • Bill Draft Request Tracking • Data Analysis • Data Collection • Evaluation Research • Grant Development • Legislative Advocacy • Legislative Bill Tracking • Legislative Briefing Book • Policy Analysis & Briefs • Program Development • Program Evaluation • Summit Planning (including evaluation and follow up summary) • Technical Assistance • Training & Education 	<p>Nevada Institute of Children's Research and Policy 4505 S. Maryland Parkway, Box 3030 Las Vegas, NV 89154</p> <p>Phone 702-895-1040</p>	<p>The mission of the Nevada Institute for Children's Research and Policy (NICRP) is to use rigorous community-based research, evaluation, advocacy, and collaborative partnerships to guide public policy and program development to enhance the lives of Nevada's children and families.</p>	<p>https://nic.unlv.edu/index.html</p> <p><i>Amanda Haboush-Deloye CCCMHC Chair</i></p>
	<ul style="list-style-type: none"> • Suicide Prevention for Youth and Adults • Support for Survivors • Suicide Prevention Events • Training • Resources 	<p>Nevada Suicide Prevention Training and Outreach 3811 W. Charleston Blvd. Suite 210 Las Vegas, NV 89102 702-486-5250</p>	<p>The Office of Suicide Prevention website is informational and not intended as a crisis response or hotline.</p>	<p>https://suicideprevention.nv.gov/</p> <p><i>Richard Egan</i></p>
	<ul style="list-style-type: none"> • Vaccines • Immunizations • Nurse-Family Partnerships • Community Health • Embracing Healthy Baby • Childhood Lead Poisoning Prevention • Behavioral Health 	<p>Southern Nevada Health District 280 South Decatur Las Vegas, Nevada 89107 (702) 759-1000</p>	<p>To assess, protect, and promote the health, the environment, and the well-being of Southern Nevada communities, residents, and visitors.</p>	<p>https://www.southernnevadahealthdistrict.org/</p> <p><i>Rebecca Cruz-Nanez CCCMHC-Vice Chair</i></p>

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 <p>Nevada Department of Health and Human Services AGING AND DISABILITY SERVICES DIVISION @LifespanNV</p>	<ul style="list-style-type: none"> • 211 • Consumer Health Assistance • Programs for Autism Spectrum Disorder • Programs for Infants and Toddlers with Disabilities • Programs for Persons with Intellectual Disabilities and Related Conditions • Programs for Persons with Physical Disabilities and Related Conditions • Programs for Seniors 	<p>Department of Health and Human Services- Aging and Disability Services Division 5550 W. Flamingo Road Las Vegas, NV 89103 702-486-6200</p>	<p>To ensure the provision of effective supports and services to meet the needs of individuals and families, helping them lead independent, meaningful and dignified lives.</p>	<p>https://adsd.nv.gov/</p> <p><i>Gujuan Caver</i></p>
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	<u>Ages</u>	<u>Help for...</u>	<u>Hours</u>	<u>Phone Number</u>	<u>Text Line</u>	<u>Website</u>	<u>Chat Option?</u>	<u>Address</u>
<i>Crisis/ Emergency Services</i>								
Emergency Police/Fire/Medical	All	Mental and Physical Health Emergencies	24-hours/ 7 Days a week	911	N/A	N/A	N	N/A
Emergency Mental Health Crisis *Implementation July 16, 2022	All	Mental Health Emergencies	24-hours/7 Days a week	988	N/A	N/A	N	N/A
Non-Emergency	All	Mental and Physical Health Non-emergency assistance needs	24-hours/ 7 Days a week	311	N/A	N/A	N	N/A
Nevada Information	All	Information and referrals to Nevada Agencies	24-hours/ 7 Days a week	211	Text your zipcode to 898211	https://www.nevada211.org/	Y	N/A
<i>Southern Nevada Youth Mental Health and Suicide Prevention Services</i>								
Mental Health Services	17 and under	Needs Assessments	8am-10pm/7 Days a week	702-455-6912	N/A	https://theharborlv.com/	N	Multiple Locations in Clark Co.
Nevada Office of Suicide Prevention	All	Youth and Adult Suicide Prevention Information	8am-5pm Monday - Friday	(702) 486-5250	N/A	https://suicideprevention.nv.gov/	N	3811 West Charleston Blvd. Suite 210 Las Vegas, NV 89102
American Foundation for Suicide Prevention	All	Youth and Adult Suicide Prevention Information	24-hours/7 Days a week	1-888-333-AFSP (2377)	N/A	https://afsp.org/chapter/nevada	N	N/A
Mental Health Services	All	Programs and Support Groups	8am-5pm Monday - Friday	702-890-9729	N/A	https://namisouthernnevada.org/	N	2770 S. Maryland Parkway, 215E Las Vegas, NV 89109
<i>National Suicide and Mental Health Crisis Hotlines</i>								
National Suicide Hotline	All	Suicide Crisis (Veterans press 1 and Spanish press 2)	24-hours/ 7 Days a week	988 or (800) 273-TALK (8255)	988	https://suicidepreventionlifeline.org/	Y	N/A
Crisis Text Line	All	People in crisis (including but not limited to suicide, depression, eating disorders, experiencing domestic and or sexual violence/abuse)	24-hours/ 7 Days a week	N/A	Text 'Home' to 741741	https://www.crisistextline.org/	N	N/A
Crisis Text Line For Self-Injury	All	People struggling with self injury	24-hours/ 7 Days a week	N/A	Text 'Connect' to 741741	https://www.crisistextline.org/selfharm	N	N/A
Trevor Project	Ages 12-24	LGBTQ+ Youth in need of crisis intervention and suicide prevention	24-hours/ 7 Days a week	(866) 488-7386	Text 'Start' to 678678	https://www.thetrevorproject.org/	Y	N/A
SafeVoice	All can use but for CCSD Students	Anonymous way to report threats of school violence and friends at risk of suicide, self-harm, drugs and more	24-hours/ 7 Days a week	N/A	N/A	https://ccsd.net/students/safevoice/	Y	N/A
Suicide Prevention Hotline of NV	All	Suicide Crisis	24-hours/ 7 Days a week	(800) 273-8255	Text 'Care' to 839863	https://cssnv.org/depression-suicide/	N	N/A
LGBTQ+ Crisis hotline	All	LGBTQ+ folks in crisis	Monday thru Friday from 1pm to 9pm; Saturday from 9am to 2pm	(888) 843-4564	N/A	https://www.glbthotline.org/	Y	N/A
LGBTQ+ Youth Crisis Hotline	Age 25 and Under	LGBTQ+ youth in Crisis	Monday thru Friday from 1pm to 9pm; Saturday from 9am to 2pm	(800) 246-7743	N/A	https://www.glbthotline.org/	Y	N/A
<i>Sexual Assault</i>								
Signs of Hope	All	For people who have experienced sexual assault and abuse and loved ones looking for support	Office: 8am-5pm Monday-Friday	(702) 385-2153	N/A	https://sohlv.org/	N	801 S Rancho Dr # C3, Las Vegas, NV 89106

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<i>Domestic Violence</i>								
Teen Dating Violence Hotline	Ages 24 and under	Youth who have experienced dating violence and loved ones looking for support	24-hours/ 7 Days a week	(866) 331-9474	Text 'loveis' to 22522	https://www.loveisrespect.org/	Y	N/A
Break the Cycle	For parents and service providers	Parents and service providers looking for information on teen dating violence	8am-5pm Monday - Friday	(424) 265-7346	N/A	https://www.breakthecycle.org/	N	N/A
<i>Human Trafficking</i>								
National Human Trafficking Hotline	All	People who have experienced or are experiencing human trafficking	24-hours/ 7 Days a week	(888) 373-7888	Text 'Be free' to 233733	https://humantraffickinghotline.org/	Y	N/A
Rape Crisis Center- R.I.S.E. Program	All	All individuals who have experienced human trafficking and would like help from a secular agency	9am-5pm	702-385-2153	N/A	http://rcclv.org/riseprogram/	N	801 S Rancho Dr # C3, Las Vegas, NV 89106
<i>Child Abuse</i>								
Signs of Hope	All	People who have experienced childhood sexual abuse and loved ones looking for support	Office: 8am-5pm Monday-Friday	(702) 385-2153	N/A	https://sohiv.org/	N	801 S Rancho Dr # C3, Las Vegas, NV 89106
Prevent Child Abuse Nevada	Adults	Information about child abuse and how to prevent child abuse in their community	Office: 8am-5pm Monday-Friday	(702) 895-1040	N/A	https://nic.unlv.edu/	N	4505 Maryland Parkway Box 453030 Las Vegas , NV 89154
Child Abuse Reporting Hotline	Adults	Those who need report suspected cases of child abuse	24-hours/ 7 Days a week	(702) 399-0081	N/A	https://www.clarkcountynv.gov/family-services/Pages/ChildAbuseHotline.aspx	N	N/A
<i>Youth Specific Resources</i>								
Nevada Partnership for Homeless Youth	Age 12 – 20	Homeless youth who need shelter	24-hours/ 7 Days a week	1-866-U-ARE-SAFE (827-3723)	N/A	https://nphy.org/	N	Drop In: 4981 Shirley Street, Las Vegas, NV 89119
Children's Advocacy Alliance	No direct services to families	Children's Advocacy in overall wellbeing	8am-5pm Monday - Friday	702-228-1869	N/A	CAANV - Home	N	2310 Paseo del Prado, Suite A209 Las Vegas, NV 89102-4330
The Nevada Association for the Education of Young Children (NevAEYC)	Providers of Early Care and Education	Connecting practice, policy, and research	8am-5pm Monday - Friday	775-327-0680	N/A	https://nevaevc.org	N	240 South Rock Boulevard Suite 143 Reno, NV 89502
Baby's Bounty	Agency Referral required	Baby supplies and education	9am-4pm Monday - Friday	702-485-2229	N/A	Home Baby's Bounty (babysbounty.org)	N	3400 W Desert Inn Road, Suite 24, Las Vegas, Nevada 89102
Immunize Nevada	birth+	Vaccines & Immunizations information	24/7	775-624-7117	N/A	Home Immunize Nevada	N	PO Box 9090, Reno NV 89507
CASA	birth-18	Court Advocate	8am-5pm Monday - Friday	(702) 455-CASA (2272)	N/A	home - Casa Las Vegas	N	601 N Pecos Rd, Las Vegas, NV 89101
The Nevada Maternal Child Health Coalition (MCH)	No direct services to families	Preconception and Interconception Health	8am-5pm Monday - Friday	702-616-4912	N/A	https://www.nvmch.org/contact/	N	7220 S. Cimarron Rd. Ste. 195 Las Vegas, NV 89113
SAFY	all ages	Therapeutic Foster Care and Behavioral Health services	8:30-5pm Monday-Friday	702-385-5331	N/A	www.safy.org	N	4285 N Rancho Dr Ste 130, Las Vegas, NV 89130
Boys Town Nevada	all ages	Continuum of services including family-based services	8am-5pm Monday - Friday	(702) 642-7070	N/A	www.boystown.org	N	821 N Mojave Rd, Las Vegas, NV 89101
March of Dimes	all ages	Health Services for Mothers and Babies	9am-5pm Monday-Friday	(702) 732-9255	N/A	nes.org/news/march-of-dimes-names-new-executive-d	N	5564 S Fort Apache Rd, Las Vegas, NV 89148
Healthy Minds	birth-18	Mental Health and Addiction Treatment for Children	9am-5pm Monday-Friday	(702) 359-9899	N/A	Health Services in Las Vegas, Nevada (healthymind	N	526 S Tonopah Dr Ste 200, Las Vegas, NV 89106

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The Center	Ages 13-24	LGBTQ+ Youth who would like resources and assistance	10am-5pm	(702) 733-9800	N/A	https://thecenterlv.org/programs/youth	N	401 S Maryland Pkwy, Las Vegas, NV 89101
Shannon West Homeless Youth Shelter	Ages 16-24	Homeless youth in need shelter (also provides assistance to youth with substance misuse disorder)	24-hours/ 7 Days a week	(702) 526-4990	N/A	https://www.jlv.org/shannon-west-homeless-youth-center/	N	1640 E Flamingo Rd #100, Las Vegas, NV 89119
St. Jude Ranch for Children	Ages 15-24	Youth who need a variety program	8am-4pm	(702) 294-7100	N/A	https://stjudesranch.org/	N	200 Wilson Circle Boulder City,