

Recommendations to Improve Community Practices for Children's Mental Health

*A Presentation from the
Clark County Children's Mental Health Consortium*



Overview

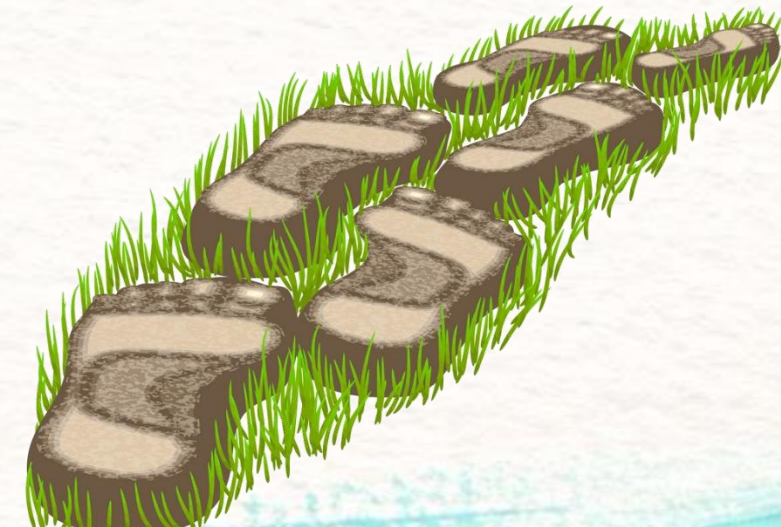
I. Introduction to the CCCMHC 10 Year Strategic Plan, 2020-2030

- I. Community Input Survey
- II. Stakeholder Interviews
- III. Parent Focus Groups

II. Goals & Objectives

- I. Addressing the Highest Need
- II. Comprehensive Service Array for All
- III. No Wrong Door to Services
- IV. Prevention & Early Intervention in Mental Health
- V. Raise Awareness & Support for Mental Health
- VI. Locally Managed System of Care

III. Recommendations & Strategies for Improvement



CCCMHC 10 Year Strategic Plan: 2020-2030

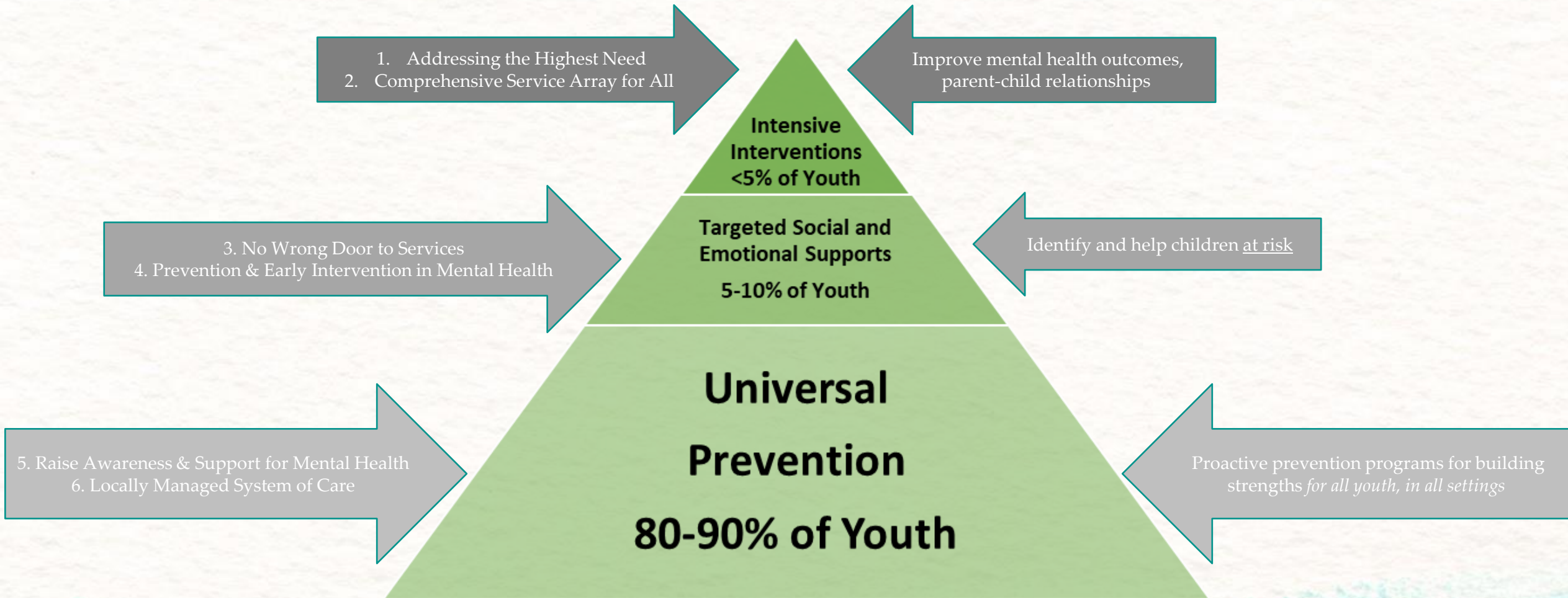
- I. Who is the Clark County Children's Mental Health Consortium?
- II. Current state of children's mental health services in Clark County
 - I. Residential Treatment
 - II. Out-of-State Placements
 - III. Mobile Crisis Response Teams
 - IV. Youth Suicide Prevention
- III. Data Collection Strategies
 - I. Community Input Survey
 - II. Stakeholder Interviews
 - III. Parent Focus Groups



Public Health Approach

CCCMHC Priority Areas (Goals)

Social Ecological Model



Data Collection Activities

Community Input Survey

- In-person & Online surveys in English & Spanish
 - N=316
 - 30% = family, friends, community members affiliated with a youth in need of mental/behavioral health services
 - 70% = community service providers



Stakeholder Interviews

- The Harbor
- Boys Town Behavioral Health Clinic
- CCSD – Psychological Services
- Clark County Department of Family Services
- Specialized Alternatives for Family & Youth (SAFY)
- The PRACTICE at UNLV
- Division of Child & Family Services
 - Mobile Crisis
 - Early Childhood Mental Health
 - Wraparound In Nevada (WIN)

Parent Focus Groups

- 2 In-person focus groups
 - 1 English
 - 1 Spanish
- Parents of youth with mental and/or behavioral health care needs
 - Seeking or sought access to services
 - Experience utilizing services in Clark County

CCCMHC's 2030 Vision for Success

*Youth & families in Clark County
will have timely access to a
comprehensive, coordinated system of
behavioral health services & supports.*



Goals & Objectives

ADDRESSING THE HIGHEST NEEDS:

Youth with serious emotional disturbance, including those with the highest need, and their families, will thrive at home, school, and in the community with intensive services and supports.

COMPREHENSIVE SERVICE ARRAY FOR ALL:

Families of youth with any mental and behavioral health needs will have access to a comprehensive array of high-quality services when and where needed.

NO WRONG DOOR TO SERVICES:

Organized pathways to information, referral, assessment, and crisis intervention - coordinated across agencies and providers – will be available for families.

PREVENTION and EARLY INTERVENTION IN MENTAL HEALTH:

Programs and services will be available to facilitate the social and emotional development of all youth, identify mental and behavioral health issues as early as possible, and assist families in caring for their youth.

RAISE AWARENESS and SUPPORT FOR MENTAL HEALTH:

Increased public awareness of the behavioral health needs of youth will reduce stigma, empower families to seek early assistance, and mobilize community support for system enhancements.

LOCALLY MANAGED SYSTEM OF CARE:

A partnership of families, providers, and stakeholders committed to community-based, family drive, and culturally competent services will collaborate to manage this system of care effectively at the local level.



GOAL 1:

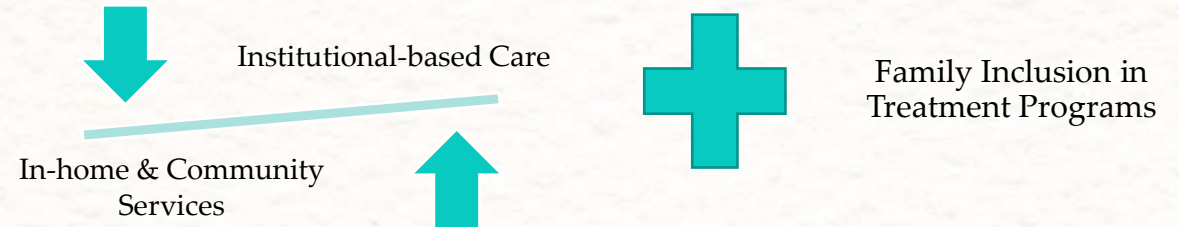
Addressing the Highest Need

Youth with serious emotional disturbance, including those with the highest need, and their families, will thrive at home, school, and in the community with intensive services & supports.

Recommendations & Strategies for Improvement:

- I. Reduce barriers across systems to accessing intensive care management services, implementing a wraparound approach to services for youth.

- Ideal System Design:



- II. Reduce reliance on out-of-state & out-of-community placements for services or treatment of youth with serious emotional disturbance
- III. Increase the availability of peer support services – both family-to-family and youth-to-youth



GOAL 2:

Comprehensive Service Array for All

Families of youth with any mental and behavioral health needs will have timely access to a comprehensive array of high-quality services when and where needed.

Recommendations & Strategies for Improvement:

- I. Increase utilization of high quality, evidence-based and promising practice service models to match community needs.
- II. Support efforts to assist families in obtaining health care coverage to assist in obtaining health care coverage



- III. Increase access to mental & behavioral health services to youth through partnerships between schools & public/private services across the community
- IV. Expand the capacity for community-based substance use programs for youth
- V. Re-establish neighborhood-based resource centers



GOAL 3:

No Wrong Door to Services

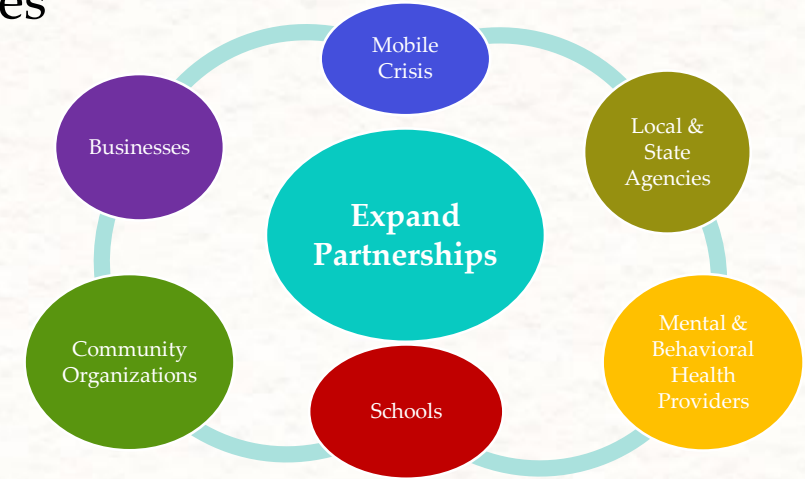
Organized pathways to information, referral, assessment, and crisis intervention – coordinated across agencies and providers – will be available for families.

Recommendations & Strategies for Improvement:

I. Establish a centralized hub for information and service entry for youth and families in need of mental & behavioral health services

II. Expand access to mobile crisis services as the first line of crisis intervention to ensure the needs of all youth are met

III. Promote effective implementation of community-based strategies to coordinate services across providers within urban and rural Clark County areas that are geographically accessible for families.



GOAL 4:

Prevention & Early Intervention in Mental Health

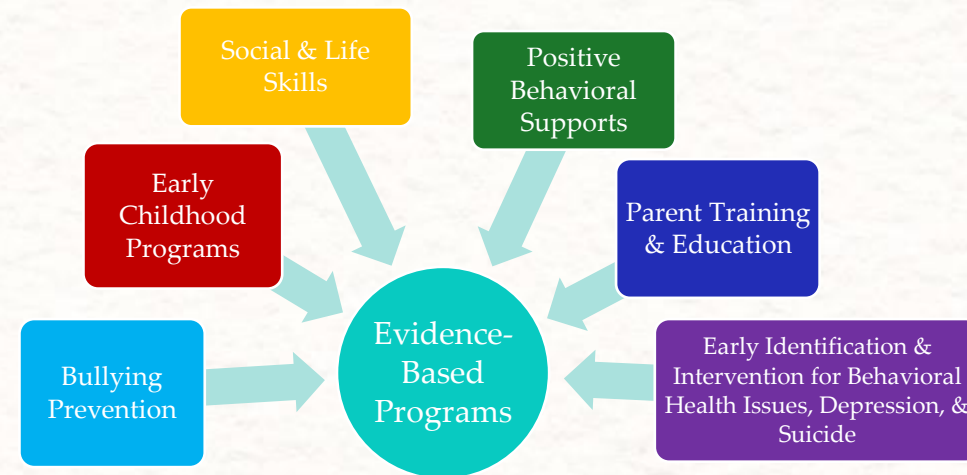
Programs and services will be available to facilitate the social and emotional development of all youth, identify mental and behavioral health issues as early as possible, and assist families in caring for their youth.

Recommendations & Strategies for Improvement:

- I. Increase implementation and availability of evidence-based strategies for the early identification of mental and behavioral health needs for all youth.

Pediatricians & PCPs	Child Welfare & Juvenile Justice	Schools
<ul style="list-style-type: none">• Use standardized behavioral health screenings during well-checks• Utilize Medicaid EPSDT consistently	<ul style="list-style-type: none">• Implement universal screening mechanisms for behavioral health issues & suicide risk	<ul style="list-style-type: none">• Expand implementation of effective depression and suicide prevention screening models in middle & high schools

- II. Provide training and education, which is up-to-date and culturally competent, about youth mental and behavioral health to families and people working with youth
- III. Expand implementation of universal programs for youth to promote social emotional skills and positive behavioral supports across settings.



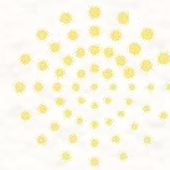
GOAL 5:

Raise Awareness & Support for Mental Health

Increased public awareness of the behavioral health needs of children and youth will reduce stigma, empower families to seek early assistance, and mobilize community support for system enhancements.

Recommendations & Strategies for Improvement:

- I. Increase awareness of youth mental & behavioral health information to members of the general community
- II. Expand youth mental & behavioral health awareness and suicide prevention in schools and community-based programs



MindWise
SOS SIGNS OF SUICIDE



Make a report/Haga un reporte



- III. Support advocacy efforts to make youth mental & behavioral health a priority for local, state, and federal policymakers

**82nd Session of the
Nevada Legislature will begin on
February 6, 2023**



GOAL 6:

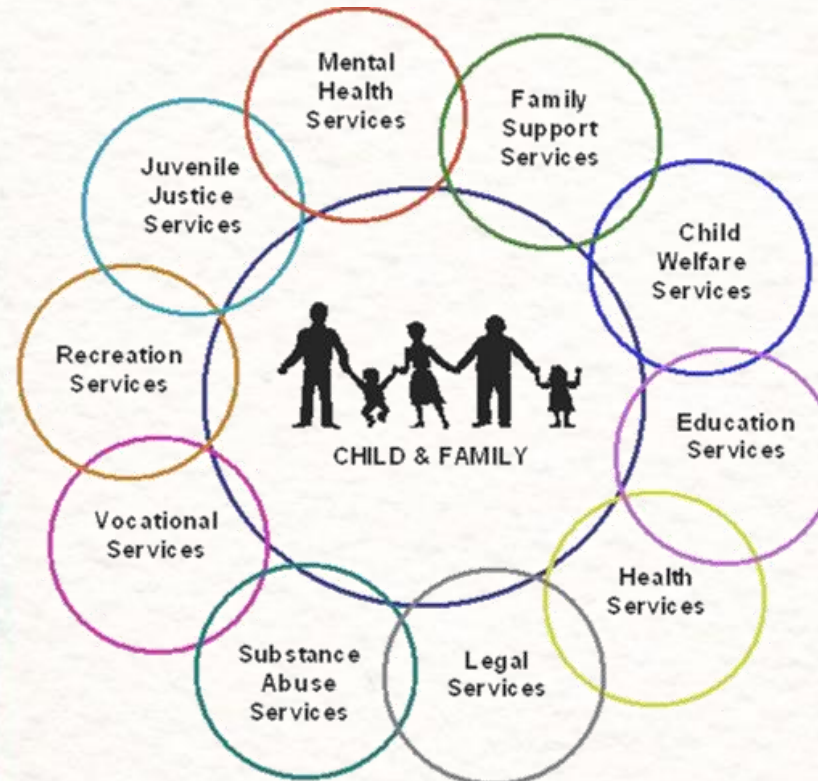
Locally Managed System of Care

A partnership of families, providers, and stakeholders committed to community-based, family driven, and culturally competent services will collaborate to manage this system of care effectively at the local level.

Recommendations & Strategies for Improvement:

- I. Support the Nevada System of Care to promote the growth and sustainability of locally managed organizational structures.
- II. Facilitate cross-agency training and workforce development activities, in the foundational areas of behavioral health screening, principles and approaches of the system of care, wraparound, and evidence-based practices at the local level.

- III. Ensure accountability of the Nevada System of Care through annual reporting of process and outcome measures



Where to Find More Information

Connect with CCCMHC online

- www.cccmhc.org
- Cccmhc.nv@gmail.com

Participate in CCCMHC

- General meetings open to the community
 - 1st Friday of each month at 10:00am
- Join a Workgroup!
 - Public Awareness & Behavioral Wellness
 - Infrastructure
 - Early Crisis Intervention

Participate in Children's Mental Health Awareness Day Activities

- Southern NV Summit on Children's Mental Health
- Youth Photo/Art/Video Contest

The screenshot displays the website for the Clark County Children's Mental Health Consortium. At the top, the header reads "CLARK COUNTY CHILDREN'S MENTAL HEALTH CONSORTIUM" with a banner for "COVID-19 COMMUNITY RESOURCES". A navigation bar includes links for HOME, ABOUT US, EVENTS, and RESOURCES. The main content area features the tagline "Healthy Families Building Health Communities" and a central question: "Why are children's mental and behavioral health services important for Nevada?". Below this, a green ribbon graphic is accompanied by text stating: "Whether rich or poor, insured or uninsured, families of children with serious behavioral health disorders struggle to find appropriate services. Now is the time for parents, policymakers, and professionals to come together to increase access to quality care for all." A link for "CCCMHC 10 YEAR STRATEGIC PLAN: 2020-2030" is provided. The page is organized into four sections, each with a representative image and a call-to-action button: "CCCMHC WORKGROUPS" (Learn more about CCCMHC Work Groups and how you can get involved), "CCCMHC REPORTS" (View reports prepared by CCCMHC and related reports on children's mental health), "EVENTS" (CCCMHC celebrates Children's Mental Health Awareness Day each year with various community activities. View upcoming and past events here.), and "RESOURCES" (View local services, educational resources for adults and youth, and currently available mobile apps to address mental health needs.).



ANY QUESTIONS?

Contact Information

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