

### Hepatitis A vaccinations are available at



Southern Nevada Health District 280 S. Decatur Blvd. Las Vegas, NV 89107 (702) 759-1000 www.SNHD.info

Rev. 10/18/17

#### **Pocket guide to**

# HepA

Formerly known as infectious hepatitis.

Hepatitis A is a disease caused by the hepatitis A virus that results in inflammation of the liver.



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Hepatitis A is a disease caused by the hepatitis A virus that results in inflammation of the liver.

#### **HOW IS THE VIRUS SPREAD?**

The hepatitis A virus is found in the feces (stool) of an infected person and is usually spread by the fecal-oral route.

Hepatitis A may be spread by food prepared or handled by an infected person who does not wash his/her hands properly. Hepatitis A may be spread by water contaminated with human feces or by consumption of raw oysters. It may also be spread by close intimate contact (household or sexual) and by changing the diaper of an infected child.

#### SYMPTOMS OF HEPATITIS A CAN INCLUDE



Yellow eyes or skin



Pale stools



Abdominal pain



Dark urine

#### HOW SOON DO SYMPTOMS APPEAR?

Usually the first symptoms appear at about one month but can develop anytime between two and six weeks after exposure to the virus.

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#### HOW CAN THE SPREAD OF HEPATITIS A BE STOPPED?

The spread of hepatitis A can be stopped by always washing hands thoroughly after using the toilet and changing diapers as well as before preparing food.

Hepatitis A vaccine is a safe and effective vaccine available for people 12 months of age or older. Although one dose is very effective, another dose is recommended six months after the first dose for lifetime immunity. The vaccine is recommended for all children, travelers, and people at high risk, such as those with chronic liver disease, injection drug users, and men who have sex with men.

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