



## **Program Brief**



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# SOUTHERN NEVADA HEALTH DISTRICT

## TEEN PREGNANCY PREVENTION PROGRAM

The Southern Nevada Teen Pregnancy Prevention Program (TPP) is part of Southern Nevada Health District's Clinical and Nursing Services, Family Planning and Reproductive Health Services. TPP is committed to advancing the vision, mission and goals of the Southern Nevada Health District. TPP staff work to achieve the District's mission and strategic plan through health education and community outreach designed to promote safe sexual and reproductive health practices, thereby reducing unplanned pregnancy and sexually transmitted infections among adolescents age 13-18 years of age.



### Vision

Reduce the cycle of poverty by helping teenagers develop a vision for their own future, reduce the risks for unplanned pregnancies while creating the opportunity to continue their education and become self supportive.

### Mission

Build a strong coalition of agencies that deliver evidenced based messages to high risk teenagers in an effort to improve sexual health and reduce teen pregnancy rates.

### Goals

- Reduce Clark County adolescent birth rates by 10% by 2015.
- Reduce Clark County adolescent pregnancy rates by 10% by 2015.
- Reduce Clark County adolescent rates of sexually transmitted infections by 10% by 2015.

REV. 10/23/14

## GRANT INFORMATION

- ❖ The grant is funded through the Department of Health and Human Services, Office of Adolescent Health.
- ❖ The grant is for the implementation of evidence-based programs designed to educate teens about pregnancy, sexually transmitted infections and HIV/AIDS and to build community capacity and sustainability for teen pregnancy prevention.

### Participating Organizations/Stakeholders

- ❖ Southern Nevada Health District (Provides curriculum delivery)
- ❖ Department of Juvenile Services (Provides access to population & venues)
  - Detention
  - Probation
- ❖ Department of Family Services – Foster Care Services (Provides access to population & venues)
- ❖ Community-based Organizations (Provides access to population & venues)
- ❖ Community-based subgrantees (Provides curriculum delivery)

### The evidence based curricula selected include:

- ❖ **Be Proud! Be Responsible!** This is an HIV Prevention curriculum that focuses on participants' needs to adopt responsible and safer sexual behaviors to prevent the sexual transmission of HIV, not only for the sake of themselves, but for the sake of their families, sexual partners, children, and community. Increase their knowledge about HIV, AIDS, and other STDs.
  - Believe in the value of safer sex, including abstinence
  - Have confidence in their ability to negotiate abstinence or safer sex and to use condoms correctly
  - Reduce sexual risk behaviors
  - Take pride in and responsibility for choosing responsible sexual behaviors

- ❖ **Cuidate**, a culturally-based program designed to reduce HIV sexual risk among Latino youth. It can be facilitated in both English and Spanish. The curriculum is an adaptation of Be proud! Be Responsible!
  - Acquire correct and reliable information about risk and disease
  - Develop attitudes that support safe decision-making
  - Build skills to be able to abstain from sex and use condoms
  - Reinforce confidence in their ability to practice abstinence or safer sex
- ❖ **Lesson Plans on single topics of sexual and reproductive health.**
  - Abstinence
  - Healthy Relationships
  - Reproductive anatomy and physiology
  - STDs and HIV/AIDS
  - Fundamentals of birth control
  - How to Talk to Teens about Sex (for parents/caregivers/caseworkers)

## **Target population**

- ❖ Teenagers from the age of 13 to 18
- ❖ Target populations are at –risk youths in the juvenile justice and probation system, and foster care.
- ❖ Target areas include 7 zip codes with the highest rates of teen pregnancy and births: **89030, 89101, 89102, 89106, 89109, 89115, and 89119.**

## Goals & Outcomes

- 1. Influence the behavior and beliefs of teens around the topic of HIV/STD reduction**
  - ❖ Implement, expand and sustain the delivery of the curriculum
  - ❖ Enroll 4,000 youth and achieve a 80% completion rate by 2015
  - ❖ Ensure curriculum fidelity and evaluation
  
- 2. Increase the ability of teens to negotiate abstinence or to engage in safer sex behaviors with a result in a reduction of teen pregnancies, births and STD's in Clark County**
  - ❖ Reduce teen pregnancy, birth rates, and STD rates
  - ❖ Improve the ability of teens to sustain abstinence and safer sex behaviors

## PROGRAM IMPLEMENTATION PLAN

### Implementation Phases

- ❖ Pilot Phase: Testing of program
- ❖ 1<sup>st</sup> Year: Full implementation
- ❖ 2<sup>nd</sup> Year: Expansion of program to community & Coalition building \*\*
- ❖ 3<sup>rd</sup> Year: Expansion of program to community & Coalition building
- ❖ 4<sup>th</sup> Year: Build community capacity and program sustainability for teen pregnancy prevention beyond the end of the grant funding.

\*\* Future community partners will be required to commit to: Program fidelity and provide a program sustainability plan.

## FREQUENTLY ASKED QUESTIONS

### Who funds this grant?

The Teen Pregnancy Prevention grant is funded by the Department of Health and Human Services through the Office of Adolescent Health. A total of \$75 million in grant awards were

made to 75 grantees nationwide to support the replication of evidence-based program models that have been proven in reducing teen pregnancy. SNHD was awarded \$997,257 to implement its selected program model. Grants will be funded for up to five years.

### **What is an evidenced based program?**

An evidenced based program is one that (a) evaluation research shows that the program produces the expected positive results; (b) the results can be attributed to the program itself, rather than to other extraneous factors or events; (c) the evaluation is peer-reviewed by experts in the field; and (d) the program is “endorsed” by a federal agency or respected research organization and included in their list of effective programs.

### **Which evidenced based program are you using?**

The evidenced based programs selected for implementation by Southern Nevada Health District – Teen Pregnancy Prevention Program are Cuidate! a culturally sensitive program adapted for Latino/Hispanic youth; and Be Proud! Be Responsible! a culturally sensitive program designed for African American youth.

### **Who is your target population?**

The target population for this project is teenagers from the age of 13 to 18.

### **Which communities are you targeting?**

Participants in the program will reside in one of the seven identified high risk zip codes (89030, 89101, 89102, 89106, 89109, 89115, and 89119). Initially, the curricula will be implemented in the pilot phase (Year 1) and Year 2 in three venues, the Department of Juvenile Services detention and probation, and the Department of Family Services Foster Care Program. These venues were selected because they provide services to a disproportionate number of youth from the seven high risk zip codes.

### **What are some of the desired goals and outcomes?**

The overarching goals of this program are:

1. Improve medically accurate knowledge of HIV transmission and prevention.
2. Influence the behavior and beliefs of teens around the topic of HIV/STD reduction
3. Increase the ability to engage in safer sex behaviors, including abstinence, which will result in decreased teen births and STD's in Clark County

To achieve the overarching goals, the expected measurable outcomes of implementing the selected evidence-based curricula are:

- 80% of participants will report a 10% increase in their knowledge about HIV transmission and prevention immediately after completing their curriculum.
- 65% of respondents will report an increase in their intention to abstain from sex for at least six (6) months after they have completed the curriculum.
- 50% of respondents will report a reduction in their number of sex partners as compared to pre-curriculum testing data.
- 50% of respondents will report an increase in refusal skills as compared to pre-curriculum testing.

### **Who are your community partners?**

It is the intent of Southern Nevada Health District – Teen Pregnancy Prevention Program to develop broad base community involvement in the efforts to reduce the teen pregnancy rate in Nevada. Two of our current community partners include the Department of Juvenile Services and the Department of Family Services.

### **Will this program be implemented in the community?**

The Southern Nevada Health District – Teen Pregnancy Prevention Program has expanded the implementation of the program into the community through partnerships with community based organizations that serve high risk-youth.

### **Who can be contacted to obtain more information about sexual health education or the Teen Pregnancy Prevention program?**

For additional information in reference to sexual health education and/or the Teen Pregnancy Program, contact Xavier Foster, Sr. Health Educator at 759-0783.

### **Who can be contacted to obtain more information about family planning services?**

For additional information in reference to Family Planning services contact Anne Scully, Health Educator at 759-0948.

### **What services are provided at the clinics?**

#### **STI's & HIV/AIDS testing and prevention services**

- **Sexual Health Clinic**

Shadow Professional Center (Alta Dr. and Shadow Lane)  
 400 Shadow Lane, Suite 106  
 Las Vegas, NV 89107  
 (702) 759-0702

## Family Planning Services

- TEEN HOTLINE – (702) 759-0894
- East Las Vegas Public Health Center  
570 North Nellis Blvd., Suite D-1  
Las Vegas, NV 89110  
(702) 759-0900
- Henderson Public Health Center  
520 E. Lake Mead Pkwy.  
Henderson, NV 89015  
(702) 759-1040



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