

FOR IMMEDIATE RELEASE

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Health District, Outside Las Vegas

LAS VEGAS – The Southern Nevada Health District, Outside Las Vegas Foundation and several local jurisdictions have completed a collaborative project to improve signage and distance markings along several trails in the community. The project, part of the Communities Putting Prevention to Work (CPPW) federal grant, was designed to encourage Southern Nevadans to engage in more physical activity and to utilize the hundreds of miles of urban and rural trails throughout the area.

The new quarter mile distance markers have been placed on over 30 miles of regional trails and park paths. Installed on concrete, asphalt and natural surfaces, the markers are colorful and easy to read. The markings allow trail users to measure their distance so they get a better idea of how much physical activity they are getting and encourage users to ‘go a little farther’. The trails with the new distance markings are:

- Angel Park
- Flamingo Arroyo
- Lone Mountain trail
- Sloan Canyon National Conservation Area
- 215 West Beltway trail
- Upper and Lower Las Vegas Wash trails
- Clark County Parks: Desert Breeze, Nevada Trails, Old Spanish Trails, Silverado Ranch, & Winchester

As part of its effort to help Las Vegas Valley residents locate trails that are appropriate for them, the health district in partnership with Outside Las Vegas Foundation and other jurisdictions launched its Neon to Nature online tool (www.neontonature.org) in November. The website highlights all the urban and rural, off-street trails in Southern Nevada. Visitors to the site can search for trails based on difficulty, terrain or location. Detailed information about each trail is provided, such as its location and length, the surface type, its level of difficulty, photos and any of the trail’s associated amenities.

Updated information about the Southern Nevada Health District can be found on Facebook www.facebook.com/SouthernNevadaHealthDistrict, on YouTube www.youtube.com/SNHealthDistrict or Twitter: www.twitter.com/SNHDinfo. The health district is now available in Spanish on Twitter www.twitter.com/TuSNHD. Don’t have a Twitter account? Follow the health district on your phone by texting “follow SNHDinfo” to 40404.