

## FOR IMMEDIATE RELEASE September 28, 2012

## Health District to offer flu shots, Oct. 1

LAS VEGAS - The Southern Nevada Health District will begin to offer seasonal flu vaccine to the public at 8 a.m., Monday, Oct. 1 at its new location at 330 S. Valley View Blvd (near the Meadows Mall and Springs Preserve). Valley View clinic hours are 8 a.m. – 4:30 p.m., Monday-Friday. Flu shots are \$28 and the high-dose shot for people 65 and older is \$56. During flu season, the health district will also offer the pneumonia vaccine to clients over the age of 65 at a cost of \$91 for those without insurance. The health district is also encouraging eligible flu shot recipients to receive a Tdap (tetanus-diphtheria-pertussis) booster, especially parents or caregivers of infants. The cost of a Tdap vaccination is \$76. For more information, contact the health district's immunization clinic at (702) 759-0850 or visit www.SNHD.info.

It is recommended that everyone 6 months of age and older get a yearly flu vaccination and there are ample supplies of influenza vaccine available this season. The health district encourages everyone to get flu vaccinations, especially persons at high-risk of complications from the flu including children younger than 5 (children younger than 2 years old are at highest risk), adults 65 years of age and older, and pregnant women.

Immunizations are also available at the following health district locations:

## Monday through Thursday, 8 a.m. until 5:30 p.m.

- East Las Vegas Public Health Center, 560 N. Nellis Blvd., Ste. E12, Las Vegas, Nev.
- Henderson Public Health Center, 520 E. Lake Mead Parkway, Henderson, Nev.

## Tuesday and Thursday, 8 a.m. until 4 p.m. CLOSED for lunch from noon to 1 p.m.

• Mesquite Public Health Center, 830 Hafen Lane, Mesquite, Nev.

Methods of payment for flu vaccine include Medicare Part B, Medicare Railroad Part B, Medicaid, Nevada Medicaid and Check-Up, Amerigroup Community Care Medicaid and Check-Up, or cash (checks are not accepted). Clients must present their Medicare insurance card or Medicaid voucher at the time of service.

-more-

Health District to offer seasonal flu shots - add one

Flu shots are also recommended for people with certain medical conditions including:

- Asthma
- Neurological and neurodevelopmental conditions [including disorders of the brain, spinal cord, peripheral nerve, and muscle such as cerebral palsy, epilepsy (seizure disorders), stroke, intellectual disability (mental retardation), moderate to severe developmental delay, muscular dystrophy, or spinal cord injury].
- Chronic lung disease (such as chronic obstructive pulmonary disease [COPD] and cystic fibrosis)
- Heart disease (such as congenital heart disease, congestive heart failure and coronary artery disease)
- Blood disorders (such as sickle cell disease)
- Endocrine disorders (such as diabetes mellitus)
- Kidney disorders
- Liver disorders
- Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
- Weakened immune system due to disease or medication (such as people with HIV or AIDS, or cancer, or those on chronic steroids)
- People younger than 19 years of age who are receiving long-term aspirin therapy
- People who are morbidly obese (Body Mass Index, or BMI, of 40 or greater)

To help prevent the spread of the virus: avoid close contact with people who are sick, stay home if you're sick, cover your mouth and nose when you cough or sneeze, wash your hands, and avoid touching your eyes, nose or mouth.

Updated information about the Southern Nevada Health District can be found on Facebook <u>www.facebook.com/SouthernNevadaHealthDistrict</u>, on YouTube <u>www.youtube.com/SNHealthDistrict</u> or Twitter: <u>www.twitter.com/SNHDinfo</u>. The health district is now available in Spanish on Twitter <u>www.twitter.com/TuSNHD</u>. Don't have a Twitter account? Follow the health district on your phone by texting "follow SNHDinfo" to 40404.

-30-