

**FOR IMMEDIATE RELEASE**

September 4, 2012

**Health District participates in annual Choose & Move festival, Sept. 8**

**LAS VEGAS** - The 9th Annual Choose and Move Festival is Saturday, Sept. 8, at the Doolittle Center, 1950 North "J" Street from 9 a.m. until 2 p.m. The Southern Nevada Health District is a partner and sponsor of the festival which is designed to promote the importance of physical activity and healthy eating habits. The event is free and open to the public. Participants will be entered into prize drawings. For information, visit the Get Healthy Clark County website, [www.GetHealthyClarkCounty.org](http://www.GetHealthyClarkCounty.org) the Community Partners for Better Health site, [www.CommunityPartnersForBetterHealth.com](http://www.CommunityPartnersForBetterHealth.com), or call (702) 256-2724.

The Choose and Move Festival, presented by Community Partners for Better Health, will offer free health screenings and information, a healthy cooking demonstration, dance instructions, and the annual Officer James Manor Memorial Basketball Game featuring police versus firefighters in the exhibition.

"The Choose and Move Festival is an opportunity to provide important information to the community in order to promote healthier lifestyles. The participation of partners like the health district allows us to expand on this opportunity and provide a variety of activities that allow participants to make better decisions that impact their health and ultimately help to raise the health status of our community," said Celeste Folmar, chairwoman of Community Partners for Better Health.

Updated information about the Southern Nevada Health District can be found on Facebook [www.facebook.com/SouthernNevadaHealthDistrict](http://www.facebook.com/SouthernNevadaHealthDistrict), on YouTube [www.youtube.com/SNHealthDistrict](http://www.youtube.com/SNHealthDistrict) or Twitter: [www.twitter.com/SNHDinfo](http://www.twitter.com/SNHDinfo). The health district is now available in Spanish on Twitter [www.twitter.com/TuSNHD](http://www.twitter.com/TuSNHD). Don't have a Twitter account? Follow the health district on your phone by texting "follow SNHDinfo" to 40404.