



FOR IMMEDIATE RELEASE
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Health District posts latest edition of 'The Perspective'

LAS VEGAS - The most recent edition of "The Perspective," the Southern Nevada Health District's quarterly e-newsletter, is now available on the health district's website, www.SNHD.info. Each issue provides a public health perspective on a particular topic. The most recent edition discusses public health risks. Anyone can subscribe by visiting the following link:
<http://www.southernnevadahealthdistrict.org/newsletter/enews/index.php>

In this issue:

A story titled "Nature's hitchhikers can wreak havoc" advises readers about risks associated with used furniture or mattresses. Flea market finds might include 'squatters' like bed bugs that can be brought home. Information includes tips to help buyers before they bring furniture home and what to do if they think they have bed bugs in their homes.

Many people believe that alternative tobacco products are less dangerous than cigarettes. In this issue, a story called "Warning: Alternative smoking products may be even more hazardous to your health" looks at several products currently on the market that many believe are safer than traditional tobacco products, but actually contain nicotine and toxins that are harmful to health.

Oftentimes, teens might not realize how their behavior today can impact their future or the community as a whole. The third story in this issue is titled, "Teens face 'real life' consequences of unprotected sex" and it addresses some of the long-term issues teens face like STDs, pregnancy, and socio-economic factors.

Updated information about the Southern Nevada Health District can be found on Facebook www.facebook.com/SouthernNevadaHealthDistrict, on YouTube www.youtube.com/SNHealthDistrict or Twitter: www.twitter.com/SNHDinfo. The health district is now available in Spanish on Twitter www.twitter.com/TuSNHD. Don't have a Twitter account? Follow the health district on your phone by texting "follow SNHDinfo" to 40404.