

# News Release

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FOR IMMEDIATE RELEASE

## Clark County Health District Offers Flu Shots

(Las Vegas, Nev. – October 26, 1999) – The Clark County Health District (CCHD) is offering flu and pneumonia shots Monday through Friday from 8:00 a.m. to 4:30 p.m. at the health centers located at 625 Shadow Lane, 129 W. Lake Mead Drive #10 (in Henderson), 3262A Civic Center Drive, 560 N. Nellis Boulevard, Suite E-12 and special clinic sites throughout the county.

Typical flu symptoms include fever and respiratory symptoms, such as a cough, sore throat, runny or stuffy nose, as well as headache, muscle aches, and fatigue. The flu vaccination is recommended for persons aged 65 years and older, residents of nursing homes and other chronic-care facilities, adults and children who have chronic disorders of the pulmonary or cardiovascular systems (including children with asthma), persons with diabetes, renal dysfunction, chronic anemia and compromised immune systems.

The vaccine is also recommended for people who are in close or frequent contact with anyone in high-risk groups, children and teenagers who are receiving long-term aspirin therapy and may be at risk for developing Reye syndrome after an

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influenza virus infection, and women who will be past the third month of pregnancy during the flu season.

Twenty-thousand influenza associated deaths occur each year, and while the vaccination is medically advised for certain groups of people it is available to anyone interested in this preventative measure. People nine years of age and older require one shot. Children under nine years of age need two shots, one month apart. A new shot is needed each year and protection develops about two weeks after receiving the vaccine.

The optimal time for vaccinations is usually the period between October through December. In the United States, influenza activity generally peaks between late December and early March.

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## Clark County Health District Flu Clinic Schedule

### Saturday, October 9

Belz Factory Outlet World  
7400 S. Las Vegas Blvd.  
10 a.m. – 4 p.m.

CCHD Drive-Thru Clinic  
625 Shadow Lane  
8 a.m. – Noon

### Sunday, October 10

Belz Factory Outlet World  
7400 S. Las Vegas Blvd.  
10 a.m. – 4 p.m.

St. Andrews Catholic Church  
1399 San Felipe Drive (Boulder City)  
9 a.m. – 1 p.m.

### Saturday, October 16

University Medical Center  
2040 W. Charleston Blvd.  
10 a.m. – 3 p.m.

University United Methodist Church  
4412 S. Maryland Parkway  
10 a.m. – 2 p.m.

### Sunday, October 17

Christ Lutheran Church  
111 No. Torrey Pines Rd.  
9 a.m. – Noon

### Saturday, October 23

Sam's Club  
5101 S. Pecos Road  
10 a.m. – 4 p.m.

Nevada Imaging Center  
715 Mall Ring Circle, Ste #100  
9 a.m. – 1 p.m.

### Saturday, November 6

Desert Breeze Community Center  
8275 Spring Mountain Rd.  
9 a.m. – 3 p.m.

CCHD Drive-Thru Clinic  
625 Shadow Lane  
8 a.m. - Noon

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