



FOR IMMEDIATE RELEASE

September 17, 2008

Health District and its partners urge Hispanic families to ¡Vive tu Vida!  
(Get Up! Get Moving!)

LAS VEGAS – The Southern Nevada Health District and its community partners will participate in the National Alliance for Hispanic Health’s ¡Vive tu Vida! (Get Up! Get Moving!) event between 10 a.m. and 2 p.m., Saturday, September 27 at Sammy Davis Jr. Plaza, 720 Twin Lakes Drive (adjacent to Lorenzi Park). The event is free. For additional information, contact the National Alliance for Hispanic Health at 1-866-SU FAMILIA or visit [www.hispanichealth.org](http://www.hispanichealth.org).

¡Vive tu Vida! is a family event to promote physical activities and healthy lifestyles. This is the first time the event has been held in Las Vegas. The health district will offer health education and disease prevention information, free HIV testing, low-cost adult immunizations, free blood pressure screening and prescription reviews, and free childhood lead screening.

Games, music, dancing and information about community services will be available to attendees.

Partners for this event include the City of Las Vegas, El Tiempo Newspapers, Univision Radio, Telemundo and Mexico Vivo Dance Company.

Participants in the event include Nevada Health Centers, Medicare SHIP, Low Vision Services, Clark County Soccer League, American Diabetes Association, American Heart Association, Union Contra La Diabetes, City of Las Vegas Leisure Services, the Metropolitan Police Department, Meadows Gold Dairy, and America’s Best Gourmet Coffee.