



FOR IMMEDIATE RELEASE
May 19, 2008

Southern Nevada Health District celebrates Women's Health Day, May 21

LAS VEGAS – The Southern Nevada Health District will host a Women's Health Celebration Day between 8 a.m. and 4:30 p.m., Wednesday, May 21 at four of its public health centers. Information about women's health issues and services provided by the health district will be available. Women's Health Day encourages women to take steps to improve their physical and mental health as well as prevent disease. The health district offers family planning services, including annual pap smears, breast exams and reproductive counseling, pregnancy testing, and testing for sexually transmitted diseases as well as counseling. Most services are available by appointment only. For more information, contact the Southern Nevada Health District (702) 759-1000 or visit www.SouthernNevadaHealthDistrict.org.

The May 21 health fair will be held at the following clinics:

- East Las Vegas Public Health Center, 560 N. Nellis Blvd., Suite E-12, Las Vegas,
 - North Las Vegas Public Health Center, 1820 E. Lake Mead Blvd., Suite F, North Las Vegas
 - Henderson Public Health Center, 520 E. Lake Mead Parkway, Henderson
 - Spring Valley Public Health Center, 6330 W. Spring Mountain Rd, Las Vegas
- (All services at Spring Valley, including immunizations, are available by appointment only. Call 759-0701)

The Southern Nevada Health District is a service provider for Women's Health Connection, a breast and cervical cancer early detection program available to Nevada women at no cost. The program is made possible by funding by the Centers for Disease Control and Prevention. Women's Health Connection services include annual pelvic exams and pap smears, clinical breast exams and some diagnostic services. Women over age 50 are also eligible to receive an annual mammogram. To be eligible for Women's Health Connection, a woman must be age 40 and older, she must not have Medicaid or Medicare part B, she does not participate in an HMO, she is uninsured or underinsured and meets certain income guidelines.

Women's Health Day is an opportunity to remind women to visit their healthcare providers for regular check-ups that are important in the early detection of heart disease, diabetes, cancer and other diseases. Many of the leading causes of death among women can be prevented or treated with early detection.