

Even if it's a little thing, do something for those who have need of a man's help, something for which you get no pay but the privilege of doing it. For, remember, you don't live in a world all your own. Your brothers are here too. - Albert Schweitzer

MRC of Southern Nevada – 2011

By Paula Martel, MRC Coordinator

t this time each year, it's my pleasure to reflect on the previous year and how the Medical Reserve Corps of Southern Nevada touched our community. Although I'm tempted to spout numbers (i.e., how many volunteers supported how many events for how many hours) and wow you with Deb's awesome graph creating skills, I prefer to use this newsletter to communicate where our unit made a difference in 2011. So, here we go!

First, I want to thank the Southern Nevada Health District's Clinics & Nursing Division for inviting MRC nurses to assist in administering vaccine. Last year 12 volunteers completed the required competency training and worked side-by-side with immunization nurses at Back-To-School and flu clinics. A few of these volunteers also assisted in providing flu shots to health district employees. Our goal is to double the number of trained MRC nurses available to administer vaccine in 2012 so please contact me if you are interested.

We remain the "go to" group to provide blood pressure and BMI screenings at community events and continue to regularly provide this service at *Bodies... The Exhibition*. In 2012, we will add COPD screening (*to what?*) and are excited about providing this opportunity for our registered respiratory therapist volunteers. We are partnering on several new community projects this year that will offer the chance to monitor individuals we screen. Stay tuned for more information.

Volunteers provided first aid support for various community events, such as a three-day 3 Wall Ball World Championship, sporting events, community health fairs and events providing services to homeless.

Training opportunities in 2011 included Incident Command System, Psychological First Aid, CPR, POD management and information specific to dealing with individuals with functional and access needs during an emergency. We also participated in a drive-thru point of dispensing exercise with the North Las Vegas Fire Department. To support the health district's Office of Public Health Preparedness, volunteers distribute emergency preparedness information for people and pets at numerous community events. Veterinary volunteers staffed a booth at the Wag-A-Tail Walk-A-Thon and the Family, Fur & Fun Festival where they displayed pet preparedness kits, handed out materials and answered questions.

To see archived newsletters, go to: http://www. southernnevadahealthdistrict.org/php/ medical.php.

2012 Volunteer Recruitment

There is no better recruiter for a volunteer program than a satisfied volunteer. Please think of one of your colleagues or friends with whom you would like to volunteer and tell him or her about the Medical Reserve Corps.

Now for the Numbers

At the writing of this newsletter, the MRC of Southern Nevada has 223 active volunteers on the roster. An "active volunteer" is identified as one who has submitted an online application and completed all requirements to volunteer, including returning signed forms, completing required FEMA courses and receiving a photo badge.

I couldn't be more pleased with the level of participation by MRC volunteers in 2011! Eighty-five volunteers donated 1,182 hours at 37 events. Each will receive a certificate of appreciation, mouse pad and pedometer. Thanks to each of you on the list:

- Lubna Ahmad, MD
- Shamoon Ahmad, MD
 - Zoe Albright
- Harriett Alvarado, RN
- Carl Anderson, RN
- Joshua Batt
- Marie Beach-Jeter, RN •
- Sue Bennett, Pharmacist •
- Changiz Bidari, MD
- Tina Bidari
- Marcia Bollea, RN
- William Botos, EMT-P
- Tamika Boulware, PA
- Shannon Burke •
- Gloria Callahan, RN
- Camilla Camburn, RN
- Lori Candela, APN/RN
- Virginia Cavallaro, RN • Lori Chaney, RN
- JoAndra Cornelius-
- Johnson, LPN
- Jacqueline Cram, RN Dustin Darrington, EMT-B
- Teresa Demos, RN
- Arnel Dolores, RN
- Robert Donnellan
- Phyllis Dougherty, RN •
- Brett Dragun, EMT-I
- Ella Duhaime, RN
- Christina Dyer, RN
- Rebecca Edgeworth, MD
- Dorothy Engler, RN
- Stephanie Fell, Pharmacy Intern
- Jeremy Garcia
- Kay Godby, RN
- Moises Gomez, RN
- Jerre Greenhalgh, RN
- Cora Guevarra, RN
- Murlin Hampton, LPN
- Robin Hoover, RN
- Joan Israel, LCSW
- Carol Jarmel, RN

- Dail Jordan, RN
- Marjorie Joyce
- Cheryl Kaftan, RN
- Arthur Kaye, EMT-B
- Celeste Liston, RN
- Jeramy Logan, EMT-I
- Jose Lopez III, EMT-I
- Sarita Lundin, EMT-I
- Judith Marandola, RN •
 - Kyle Martin, EMT-I
 - Kathy McGonigle, RN •
 - Nancy Menzel, RN
 - Dennis Miles, RN
 - Patty Murphy, RN
 - Tamdan Nguyen, Pharmacy Intern
 - Gale Pawl, LPN
 - Adam Perelgut, RN
 - Colleen Petullo, EMT-B
 - Jennyne Procida, RN
 - Angelica Ramos, EMT-B
 - Laura Renner
 - Jackie Rennirt, RN
 - Cynthia Robles
 - Kevin Sanchez
 - Melissa Schalles, LVT
 - Cynthia Shelton
 - Iulia Simon, RN
- Carolyn Small, RRT
- Daniel Small, RRT
- Sheila Stephens, Pharmacy Tech
- Susan Vondracek, LVT
- Michael Welborn, RN Amber Wheatley,
- Pharmacy Tech
- Greg Whicker, EMT-B •
- Debbie White, DVM
- Cortez Williams
- Leslie Wulff, RN
- Nancy Wulff, LPN
- Douglas Young, PA
- Kristi Zabel
- Christopher Zaferes, RN/EMT-I
- Siboney Zelaya, RN

medica reserve corps



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- Jeffrey Ghan, RRT