

FactSheet

Para Su Información

Guide to Accessing Health Care

When you are in need of medical attention, the Southern Nevada Health District offers the following guidelines for seeking out care.

When should I go to the urgent care?

Urgent care provides treatment of injuries or illnesses that are not life threatening but need immediate attention. Typical complaints that are appropriate for urgent care include:

- Lacerations (deep cuts or wounds that may require stitches)
- Sprains, strains or contusions (deep bruises)
- Mild to moderate asthma attacks
- Ear infections
- Urinary tract infections
- Upper respiratory infections
- Coughs and congestion
- Diarrhea
- Sore throats
- Insect bites
- Rashes

When should I go to the Emergency Room?

If you or someone else experiences a life-threatening illness or injury, call 9-1-1 to get professional help immediately. Examples of life threatening symptoms include:

- Severe bleeding
- Difficulty breathing
- Chest pain or pressure
- Broken bones
- Partial or total amputation of a limb
- Trauma or injury to the head
- Sudden dizziness or difficulty seeing
- Severe abdominal pain



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