

FactSheet

Para Su Información

Guide to Accessing Health Care

When should I go to an urgent care facility?

Urgent care provides treatment of injuries or illnesses that are not life-threatening but need immediate attention. Typical complaints that are appropriate for urgent care include:

- Lacerations (deep cuts or wounds that may require stitches)
- Sprains, strains or contusions (deep bruises)
- Mild to moderate asthma attacks
- Ear infections
- Urinary tract infections
- Upper respiratory infections
- Coughs and congestion
- Diarrhea
- Sore throats
- Insect bites
- Rashes

When should I go to an emergency department?

If you or someone else experiences a life-threatening illness or injury, call 9-1-1 to get professional help immediately. Examples of life threatening symptoms include:

- Severe bleeding
- Difficulty breathing
- Chest pain or pressure
- Broken bones
- Partial or total amputation of a limb
- Trauma or injury to the head
- Sudden dizziness or difficulty seeing
- Severe abdominal pain



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