

# FactSheet

Para Su Información

## Family Planning Information for Providers

The Southern Nevada Health District's Family Planning Program works to improve the health, social and economic well-being of men, women and children through maintaining reproductive health; avoiding unintended pregnancy and determining the number and spacing of children.

### What is family planning?

Family planning is an approach to providing services and information to assist individuals in achieving their desired family size and spacing of children.

### Who can receive services?

Teens or women who are seeking contraception to allow planning/spacing of their pregnancies.

### What services do we provide?

#### By appointment only

- General health assessment
- Annual exams, Pap smear tests
- Breast exams
- Birth control
  - Pills, IUD
  - Diaphragms
  - 3-month injection
  - Condoms
- Natural family planning counseling
- Reproductive health counseling
- STD testing for existing clients
- New POWER ("Planning Options without Exam Required") Program. Qualified clients up to 30 years old and in good health start birth control pills or 3-month injections without an exam.

#### No appointment needed

- Pregnancy testing and counseling
- Emergency contraception (Plan B)

- Birth control refills for existing clients. (For client convenience, scheduled refills are recommended.)

### Where can clients receive services?

The health district has two locations that offer family planning services. Clinic hours are Monday-Thursday, 8 a.m.-5:30 p.m. (Closed Friday.)

- East Las Vegas Public Health Center  
560 N. Nellis, Suite E-12, Las Vegas, NV  
759-0900
- Henderson Public Health Center  
520 E. Lake Mead Pkwy., Henderson, NV  
759-1040

### How does a teen or woman become a family planning client with the health district?

Call a clinic to schedule an initial appointment.

#### Important to note:

- Minors may give consent to be examined or treated without parent/guardian permission.
- All treatment and services, regardless of patient's age, is confidential and cannot be shared without consent.
- We are a Medicaid provider.
- Services are provided on a sliding fee scale. Cash, MasterCard or Visa accepted.
- No one will be turned away for inability to pay.



625 Shadow Lane | P.O. Box 3902  
Las Vegas, NV 89127 | (702) 759-1000  
[www.southernnevadahealthdistrict.org](http://www.southernnevadahealthdistrict.org)

Updated 7/11

*TitleX Family Planning Grant Award Number 2FPHPA090159-40-00; date 12-31-2010 to 12-31-2015*