

To parents and child care providers:

This story teaches children how to be lead-free.

Lead dust from deteriorated lead-based paint can poison children. Those under six are most in danger. Lead dust gets on their hands and they put their hands in their mouths.

Washing hands before meals is important. Foods high in iron and calcium and low in fat prevent lead from being absorbed.

Lead poisoned children may complain of headaches or stomachaches. The only way to know for sure is by a blood test. Your physician or clinic can order one.

-- Region 7 Lead Team

Charlie Goes to Town

Written by LENORE CARROLL

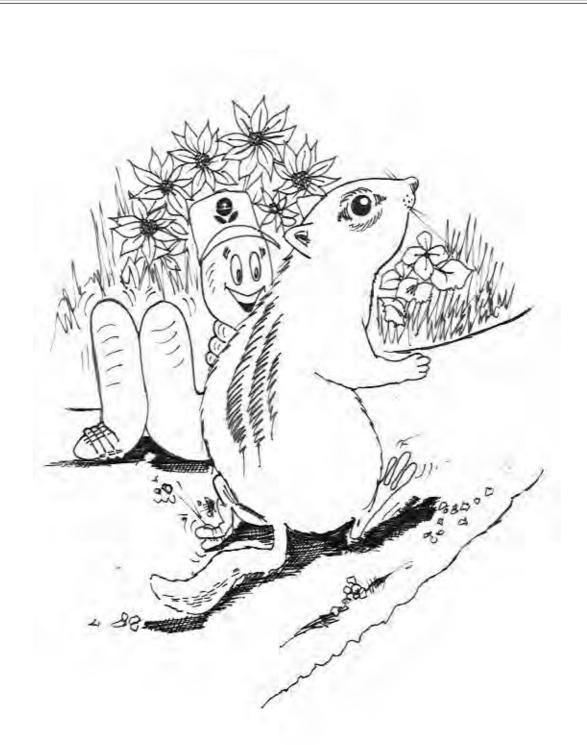
Illustrated by BILL LANDIS

for the

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"Where are you going, Charlie," Wooly Worm asked?



"I'm going to town to tell children about lead-based paint."



"what do we need to know, Charlie?"



"How to protect yourselves from lead poisoning," said Charlie.



"Because lead can make children sick."



"How do we protect ourselves?"



"Stay away from peeling paint," Charlie answered.



"Old paint has lead in it. It gets in the dirt."



"When you play in the dirt you get lead on your hands"



"So wash your hands often," said Wooly Worm.



"After you play and before you eat," Charlie said.



"Eat good food," Charlie said.



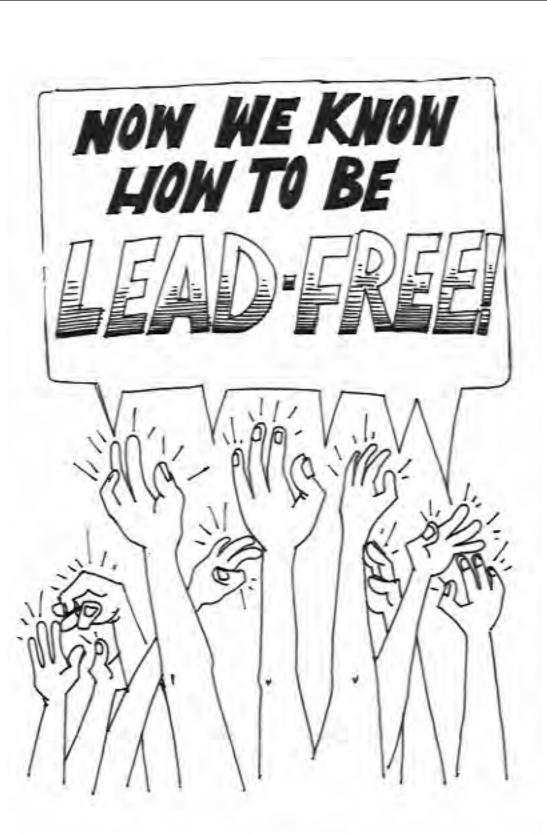
"Milk, meat, fruits and vegetables are really good for you!"



"Do what I say so that you will be lead-free," Charlie said.



"We want you to be healthy so you can come out and play," said Wooly Worm.



For more information about lead hazards call -

your county health department OR your state health department.

Missouri Department of Health

1-573-526-4911 or 1-888-837-0927

Kansas Department of Health & Environment

1-785-296-5606

Nebraska Department of Health

1-402-471-0782

Iowa Department of Public Health

1-515-242-6340

Other resources are:

National Lead Hotline

1-800-LEADFYI

National Lead Information Center

Clearinghouse, 1-800-424-LEAD

St. Louis Lead Hotline: 1-314-768-2629

Kansas City Lead Hotline: LeadBusters 1-913-438-LEAD



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